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Gisborne Gazette

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JUNE 2020 – FREE

Back in the swing of things

As restrictions ease, many residents are returning to favourite activities with renewed appreciation. None more so than 11-year-old Ivy Wills who was the first player back at Macedon Tennis Club after it reopened for recreational tennis on May 21.

Macedon junior happy to be hitting again

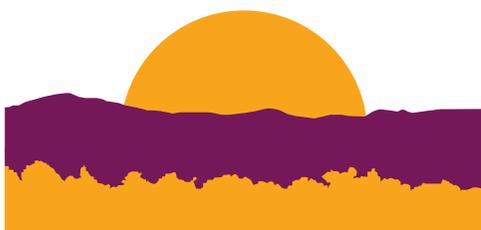
The Macedon Tennis Club has just opened the courts again and I couldn't be more excited! As a member of the club, it's great to see people back playing tennis. Even though it's a shame that comp is not continuing, we can still work hard to get better.

When the courts were closed I hit against the wall of the stadium.

Professionals such as Roger Federer have done some online lessons, so if you're interested in learning some tennis, now is a perfect chance. Tennis is such a great sport physically and mentally -it keeps you active and refreshes your mind.

It was getting a little boring without tennis, so the courts' reopening was both a relief and exciting. It will be great to see people using the courts again.

Ivy Wills



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From the Editor's desk

Compiled and written during the second full month of lockdown, in this edition we continue to document how the pandemic has affected local lives. As we went to print, restrictions were being loosened paving the way for a gradual return to many parts of pre-corona life. This is great news for many parts of our community – individuals and families, businesses, schools, sporting and community groups – and I expect we will long remember our first experiences as we get back into the swing of things.

Before we shift our focus entirely to the future, there is much to be learnt from the extraordinary time we have been living the last months and I thank the many people who share their pandemic experience in this edition. The manager of the Flying Pigeon restaurant, Stephanie Rocard, explains why she decided to keep her restaurant open for takeaway and what that has meant for her.

Teachers and students from Gisborne and New Gisborne Primary plus a local Year 12 student share their experiences of remote learning and thoughts as school resumes over the next weeks. Eleven-year-old Ivy Wills reports her delight at being able to play tennis at Macedon Tennis Club again on our cover. And many regular club reporters share their insights from this remarkable time in this edition.

Whatever our new normal looks like, virtual connections will continue to be a large part of many people's lives. Anyone reticent to embrace digital technology will hopefully find June Cohen's decades-long use of modern technology inspiring, as well as this month's Betty's Boop, Men's Shed and library reports, and perhaps the Digital Connection Project for Seniors.

I am delighted to welcome a number of new columnists to the *Gazette* team. Asher Kroon, Grade Six student at New Gisborne Primary, is into his third month as a young reporter. Clinical psychologist Dr Biliana Ivanova started with us last month and Dr Umair Masood has come on board this month. Local vet Dr Caitlin-Horwood and chiropractor Dr Tony Croke also contributed to this edition. Thanks to all of you for sharing your expertise and insights with the community in the *Gazette*.

Thank you also to the many local essential workers who have continued to provide valuable services to our community during the pandemic, often with increased demands and responsibilities in your work. Your efforts and commitment do not go unnoticed. I hope this is especially true for teachers this month, after all the extra effort you have put into remote schooling.

I recently saw the quote "When a pet is in your life, there is always a reason to smile" and Max's adventures on page 14 made it ring true for me. I hope you enjoy this quirky dog's-eye account of a COVID-19 day.

I hope my June is filled with joy, eager anticipation, and reflection and that this edition gives you some ideas for yours. Keep following the guidelines around COVID-19 and happy reading,

Corinne

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Puma Service Station, Coles supermarket and the GREAT Centre in Hamilton Street.

New Gisborne: Baringo Food and Wine Co in Station Road, and the cafe in Ladd Road.

Riddells Creek: Neighbourhood House and the newsagency.

Woodend: Information Centre and Library.

A MINUTE WITH MAXINE

After the *Gazette* committee decided to go back to letterbox delivery for the May edition, I was truly overwhelmed by the quick response I got from the 71 distributors who were eager to get out of their houses. The weather was not at its best but that is the Macedon Ranges for you in autumn. So, to every one of you, a big thankyou.

If you have extra *Gazettes*, can you please wait until the week after delivery to pop them into the many baskets around Gisborne.

Due to the social distancing rule, Windarring was unable to deliver the May edition to the outer areas of Gisborne and Bullengarook but has returned for this one.

To all the 'back up' distributors, you are all usually very much needed at this time of year; thank you for still offering to be available. As holidays are not allowed at the present time, regular distributors will not be able to escape the winter weather and I will not have to use my charm to find replacements. You could say that is a positive result from COVID-19!

Maxine Barker
Distribution Manager

Animal Wisdom

People sometimes say cats act as if they are superior to us and in this case they may just be!



This poster was spotted in the window of a veterinary clinic in Kyneton in May.

Six milestone birthdays celebrated in 'iso'

Macedon Senior Citizens Club is missing being able to meet on Tuesdays at Macedon Community Centre for lunch and a chat. Celebrating birthdays is always part of the fun so the *Gazette* is pleased to pass on good wishes to five members who have had birthdays since the club had to suspend meetings.

Congratulations Kath Vilips, Mary Richardson, Nancy Morgan and Amy Boniface on turning 90 and to Rena More for turning 91. Your friends at Macedon Senior Citizens Club hope you had a special birthday in 'iso' and look forward to celebrating with you in person once it is possible again.



Kath, above, and Mary, right.



Mavis Arkinstall celebrates turning 105.

Mavis Arkinstall is 105

Mavis celebrated the great milestone of reaching 105 with her three children and many residents and staff members at Warrina Retirement Village in New Gisborne on May 8 – COVID-safely of course.

Mavis was born in Kyneton on May 8, 1915 – within a fortnight of the Anzacs landing at Gallipoli – and she has lived through many major world events in her long lifetime.

Mavis is the eldest of six children of Frank and

Ethyl Serpell and she was among the first pupils to enrol at Kyneton High School when it opened in 1928. Having completed matriculation (Year 12) there, she began nursing training in Melbourne but had to return home to help her father with the upbringing of her younger brothers and sister after her mother died unexpectedly in 1939.

For a time Mavis worked as an assistant for her father who was a dentist in Kyneton. Mavis married Harry Arkinstall in 1942 and their three children are Ann, Ian and Gra-

ham. Harry was a foreman in the construction industry and during the Second World War was second in charge at the flying boat base at Lake Boga.

Mavis has always been a great family person and very much involved in community affairs. She is a Life Member of the Kyneton Football Club and Kyneton High School. She is still a loyal member of the Essendon Football Club and was delighted to receive a congratulatory phone call from Kevin Sheedy.



Amy, top, Rena, above, and Nancy, left.



Recovery centre to support community

Macedon Ranges Shire Council is operating a shire-wide Recovery Operations Centre in response to COVID-19. It is a centralised service where you can ask for support, request information, offer assistance or put forward recovery ideas and suggestions that relate to the pandemic.

The centre is also supporting the distribution of a new health and wellbeing information pack which includes information on local

support services and food banks, healthy eating, active living, mental wellbeing, being connected and supporting young children and families during the pandemic.

Please contact the centre if you would like an information pack to be posted to you.

You can contact the Recovery Operations Centre Monday to Friday, 8.30am to 5pm, either by calling 5422 0237 or by emailing recovery@mrs.vic.gov.

Council supports 'Working for Victoria'

The Council has agreed to welcome 92 new temporary staff, who will be with the organisation for up to six months, as part of the Victorian Government's Working for Victoria initiative.

The additional short-term staff will perform roles in areas such as community support, provision of food services and catering for vulnerable people, planting and environment works at Hanging Rock and beautification works in shire parks and gardens.

The \$500 million Working for

Victoria program was instituted in response to the COVID-19 pandemic and aims to match people who have lost their jobs, with local councils. The councils provide meaningful roles for these individuals that add value to the work that the permanent workforces perform every day.

Macedon Ranges is one of more than 28 councils throughout the state participating.

For more information on Working for Victoria and to register, visit vic.gov.au/workingforvictoria

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Western Water helps to monitor virus in waste water



Western Water is working with other water authorities in an Australia-wide project to monitor coronavirus (COVID-19) in wastewater.

Western Water is taking weekly samples from the Melton and Sunbury recycled water plants. The samples go to a specialist lab called Australian Laboratory Services in Melbourne where they will be stored until the testing methodology is developed. Once the development phase is complete, the samples will be analysed at a DNA sequencing lab in Melbourne.

The Victorian part of the project is being coordinated by Intelligent Water Networks, a partnership between the industry association VicWater, 17 water corporations across the state and the Department of Environment, Land, Water and Planning.

The waste water samples will be crucial in establishing a fuller picture of how the virus behaves.

Although worldwide and local research findings have shown that any detectable traces of COVID-19 found in sewage and recycled water networks are not infectious, the project provides key data for scientists to better understand the virus.

Complimenting wider research into COVID-19, the project, called ColoSSoS (Collaboration on Sewage Surveillance of SARS COV2), is an initiative of Water Research Australia.

Western Water's Acting Chief Operating Officer Paul Clark said "This research will help track and monitor the virus across our service region and allow scientists to gather information on how it behaves in the wastewater network."



Neil Peet collects his pizza from Monique Elliott at the Collective.

Indoor dining back on the menu

Local residents will be delighted that pubs, restaurants and cafes can resume inside service this month.

After shutting in late March due to COVID-19, the Collective in Robertson Street reopened, for takeaway and delivery only on Wednesday May 6.

Monique Elliott was happy to be back at work and said the staff seemed really upbeat to be back at work.

She took the restaurant's closure as an opportunity to get caught up on her Masters in Art Curatorship studies which are now all online.

Neil Peet was delighted to buy a pizza for dinner on May 7, saying "we're sick of cooking for ourselves!"

SEEN AROUND TOWN



Macedon service station on May 7.

Fuel envy

For a while in May, petrol was cheaper than it had been for years. And we were stuck at home so couldn't reap the benefit of it!



Creation of parking bays in progress.

Parking relief

Five much-needed new parking bays are being created in Prince Street, west of the Village Shopping Centre.



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COPING WITH CORONA



Deb Vanderkamp: customers patient

View from the supermarket

Snapped by the *Gazette* during her lunch break on May 14, Gisborne IGA store manager Deb Vanderkamp shared that work at the supermarket has generally been good during the pandemic.

The toughest thing was maintaining stock levels during the panic buying (people were buying all sorts of things, some quite unexpected) but thankfully that has passed.

The challenge now is enforcing social distancing. People sometimes just aren't aware of how close they are to others and staff need to remind them. Deb is pleased that people are washing their hands a lot more.

Deb estimated that 99.5% of customers have been patient which has been great. Shop staff are all still working and she hopes that anyone who has lost their job gets back to work soon.

Australia is the lowest continent in the world, with an average height of just 330m above sea level.



St Paul's Op Shop Jottings

We are eagerly looking forward to the day when our Anglican Op Shop in Brantome Street reopens.

Many of our regular customers have expressed how much they have missed coming into the shop since the closure due to the COVID-19 crisis. With the recent easing of some restrictions taking place we are hopeful the opening will be soon.

Thank you to the many people who continue to support us by placing their unwanted clothing in our clothing bin outside the front door of the Op Shop.



Graeme Millar

When we finally open, there may be restrictions on the number of people allowed inside the shop at any one time, so we appeal for understanding to adhere to these conditions.

Graeme Millar 0413 781 501

Council meals assistance supports older people

Macedon Ranges Shire Council staff have been making regular welfare calls to all clients, many of whom are isolated from their families, and continuing to provide services and support to older people in the community during this challenging time.

Council says its friendly staff are always willing to take your call and explain the options available to best meet your individual needs.

Acting director (transition) Sarah Noel said, "I encourage any person aged over 65 to call us on 5422 0333 if you are finding living at home difficult. Our staff are trained to direct your call and get you the assistance you need to remain living independently in your own home."

For more information and enquiries, call 5422 0333.

What one golfer did when greens were closed

With the enforced closure of golf clubs in March, my two rounds per week and several hours volunteering on mowers came to an abrupt halt. How does a retiree keep himself occupied? My wife and I hit the garden, new garden bed edging was laid, several tree limbs removed, copious weeding, planting and replanting — the garden was looking a treat...but that was the end of week one and still no golf in sight.

Thankfully, my daughter came to the rescue with a project for our newly arrived granddaughter: "Dad can you build her a play kitchen?" Thanks to my hoarding of anything remotely and potentially useful, I was able to complete the project for the cost of a sheet of plywood and four casters.

This project got me wondering what I would do next. Browsing the Macedon



Hand-crafted alternative to putting.

Ranges Buy Swap Sell Facebook page, I discovered a cubby house in need of resurrection. Back to the shed for those half-used tins of paint, some sanding and voila.

As the last coat of paint was applied and dried, the restrictions were eased, so it's back to 'Our Hidden Treasure on the Mount'.

Marcus Ward



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Stephanie Rocard, manager of the Flying Pigeon, shares her thinking during lockdown

Coping with the pandemic as a business

The COVID-19 pandemic changed life as we know it towards the end of February. It was also the beginning of unprecedented and uncertain times, a time of making difficult decisions.

I have to admit it wasn't easy for me to make the decisions that I have, but I am glad I did. Keeping the restaurant open for takeaway is one of those decisions and it's been such a positive one.

We probably would not have chosen to stay open for takeaway if the business was located elsewhere, but knowing how supportive our incredible community is to one another played a huge role in our decision. Staying open to trade as takeaway only through the lockdown restrictions has not been a viable financial exercise for us or for any other businesses in the same situation.

The reasons Flying Pigeon decided to stay open were:

- 1) To help maintain a positive mental state for my customers, suppliers, my family and myself, to give us purpose and hope.
- 2) To support the wider community, by giving the community food choices, relief from having to cook all the time and, most importantly, access to good quality restaurant food for a treat for special occasions such as birthdays, anniversaries etc. So even in self-isolation these special occasions can be unique and special. Good food can be good medicine!
- 3) By remaining open we have been able to support other local businesses, which has given them purpose and hope too.



Usually busy in the kitchen, Stephanie is enjoying being front of house and talking to customers.

So many positive things have come from the beginning of the stage 3 hibernation (I prefer to call it that instead of lockdown). As life as we knew it began to shut and slow down, I started to take some quality time for myself and for my family, without always being in a rush. I love the fact that I have been able to spend more time with my beautiful 10-year-old son and incredibly supportive husband.

I have had the time to gain some perspective of how lucky we are to live where we do, to be surrounded

by such beauty and to have such wonderful people in the community supporting one another. I have made some special friendships throughout this journey.

Not a single day has gone by where I haven't enjoyed my new role in the restaurant. Usually working as a chef in the kitchen, I have gone to working front of house.

I am really enjoying interacting with our regular customers and getting to know new customers. The kindness and support we and so many other businesses have received from our community has been, to say the least, humbling and inspiring. Every day I have seen the beautiful side of humans — kindness, strength, consideration and compassion.

We have been blessed with support from our customers, suppliers, staff, family, friends and neighbours.

The founder of the Macedon Ranges Community Page, Adam Mizzi, has been creating support through his Facebook page, giving the community a platform to come together to communicate and help one another out. Andrea Collins from Autocopy printing has, through social media, continuously promoted the act of supporting local businesses. Our staff (who we consider family), under difficult circumstances of their own, have been so understanding of the

I love that I've been able to spend more time with my beautiful 10-year-old son and incredibly supportive husband



Stephanie shares her positive outlook outside the restaurant.

situation. They continue to support us by sending us their love and buying takeaway from our restaurant.

Local suppliers such as GLAMA Country Stores, P.G. Thomas Meat Suppliers (Macedon) and The Town Butcher (Gisborne), have continually supplied us and allowed us to continue with our takeaway menu. We are lucky to be situated in the Nexus Centre, with a landlord who has been understanding and supportive through these tough economic times.

My family and I are so very grateful that we live in such a wonderful community. On behalf of the Flying Pigeon team, I would like to take this opportunity to say a big thank you to everyone, and don't forget to pop in and grab some dumplings.

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Out and about with pooch

Three happy dog walkers in Gisborne were happy to chat with the *Gazette* during some essential exercise on May 13.

► Renee Dettman enjoyed a walk on a sunny day in John Aitken Reserve with children Charlie and Lily and family pet Ruby. Then it was off back home to attack home schooling maths assignments. Charlie and Lily were looking forward to getting back with their friends at Mt Macedon Primary.



◀ Debbie Giles enjoys her daily walks with two-year-old standard poodle Jan Carlo (“Jonti”) during her lunch breaks while working at home. Debbie normally travels five days a week by train to Melbourne to work in IT at a large Melbourne law firm and has enjoyed the opportunity to forgo that daily commute. Said Debbie, “Gisborne is such a lovely place to be locked down in. Everything is convenient and readily obtainable.”



► What better place to walk your bulldog than on the oval of Gardiner Reserve, home of the mighty Gisborne Bulldogs! Neil Cole, former State Member for the seat of Melbourne, had been visiting his 92-year-old mother Rita at The Oaks.

A North Melbourne resident and well known playwright, Neil has been spending lockdown writing a book about his beloved North Melbourne Football Club. As an Associate Professor at Melbourne University he also still manages to keep busy with his research in the mental health field. Neil said that his bulldog, three-year-old Edwina, had been great company during the lockdown and his twice daily walks with her and being restricted to home cooking had seen him lose weight – a welcome side effect of the lockdown.

On feeling overwhelmed during times of change

Clinical psychologist Dr Biliana Ivanova provides welcome insight into what many people may be feeling during the pandemic.



Many people feel overwhelmed by the constant changes due to COVID-19. These changes affect how we live, how we work and how we look after ourselves and others.

Being overwhelmed is the subjective experience of having too much to deal with but lacking the resources to do so. When demands exceed our capacity, there is a sense of drowning under a force that is greater than us. Ironically, although we do not like feeling overwhelmed, we do need it as a signal, a red flag to notice and do something about.

The demands we experience could come from external sources – other people, systems and cultural norms. But they can also arise from within – from our own expectations, standards, past history.

In the current context we are indeed expected to do more and different things than we usually do. Many of us had to suddenly start working from home, with new technology, often while also supporting our children studying online and keeping the cabin fever down. Some of us lost income or livelihood while still trying to meet ongoing obligations. We have wanted to stay healthy, connected and functioning without the facilities or processes that usually enable such activities. We had to adjust to new arrangements across the board, only for them to change again, demanding yet another adjustment.

How else would we feel, if not overwhelmed?

If that is not enough to contend with and it hasn't quite overwhelmed us yet, there is also the other story – our internal narrative of who we believe we are and how we aspire to live. The story we have about ourselves may have been helpful in the past – “I am the kind of person who gets things done”, “I must take care of everything or no one else will”, “If things are not 100% I must work harder to improve”. Unfortunately, these old narratives are mostly outdated or even damaging in the midst of a new external reality.

So, a New Version is called for. An adjustment of priorities, standards and expectations. During times of rapid and tumultuous change, our roles at work, in relationships, in activities, cannot be fulfilled the same old way, but need to be taken up in a new way – perhaps by stepping back a little, letting go and letting be. It is helpful to do more noticing and reflecting and less fixing, scampering and “preventing” of things that are not necessarily happening or are outside our control. This is a time for surviving, not quite yet for thriving. But surviving is good, it is not a failure!

Recovery and rebuilding is already starting and new possibilities are emerging in the wake of the maelstrom. They will be more relevant to life here and now. Fighting the changes and hanging on to how things were or how they “should be” will only increase feelings of being overwhelmed as it is an impossible task. It is wiser to accept that change is the only constant thing and that we cannot step in the same river twice.



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Computer says yes to this keen senior

Eighty-seven-year-old June Cohen of Gisborne, a resident of the Macedon Ranges for more than 55 years, was cheerful and insightful when the *Gazette* spoke to her on May 14 about her lockdown life and perspective on the pandemic.

Since restrictions started, June has been keeping herself busy at home with various projects. She has planted seedlings for spring in her small garden. She has been doing exercises at home with instructions she is emailed by her exercise physiologist. She has been reading and trying to walk a bit more.

A key help for June's spirits during lockdown has been technology. As she says, "Modern technology opens up so many avenues." June has been connecting with friends and family online via email, Facebook and video calls. A family Zoom at Easter with the whole family brought much joy and laughter. She also uses smartphone apps such as WhatsApp to stay in touch.

Macedon Ranges University of the 3rd Age (U3A) has been part of June's life for the past 25 years and through it she has acquired knowledge and friendships from people of many walks of life. The group is now in recess, but she is keeping in contact via the net.

June is also a longtime member of the Woodend Bridge Club, also in recess, and is keeping her mind active by playing bridge online. A group of players with whom she has played socially has set up a virtual bridge game once a week on BestBridgeOnline.com which she described as "the most amazing website". On it, it is possible to play bridge with people all over the world at all levels of expertise.

While face-to-face games usually last up to two and half hours, online games are now slightly shorter. She has discovered that online bridge can be very addictive and now understands how people can spend so much time playing games online. She doesn't ex-



Technology has been keeping June Cohen company during the pandemic.

Modern technology opens up so many avenues

pect face-to-face bridge to be back for a while due to the close contact required and is delighted that technology is keeping the game in her life.

June embraced digital technology years ago. She remembers when her late husband, a doctor, got a

big blocky mobile phone in the late 80s and how it made such a difference to emergency calls. She has been on computers since 1984 when, after obtaining an Apple 2E computer, she was able to type, edit and print out her husband's thesis for his Masters' Degree, using 16 floppy disks!

She remembers her very first computer lesson at Kyneton High in 1984 and the teacher writing 'I only know what you tell me'. The message gave her the confidence to learn new technology and has stuck with her. She explained it as, "You have control over what you put into the computer and what it does, so there's no need to be afraid of using it. You can learn gradually."

Back on lockdown life, June has been missing her house cleaner who has been unable to come due to restrictions. Her family have offered to do the cleaning, but she thinks they have enough on their plate with schooling at home. "Parents are becoming aware of teachers' care and interest and I am sure students are appreciating their parents and teachers more. I think all have gained respect for one another".

June would know, as when she started her formal education in July 1938 many schools had been closed due to the 1937 polio epidemic. Polio's effect was terrible and parents' fear of their children contracting it was huge. For many years June saw children in iron splints or being wheeled by their parents in long wheelchairs.

She thinks Australia's record of approaching COVID-19 as quickly as it did is good. June's not sure if the disease will ever go away, but hopes it will, as polio did. She still remembers standing in queues to have her two young daughters vaccinated for polio in 1957. "We'd all grown up seeing the dreadful effects of polio and welcomed the vaccine. Won't it be great when we have one for COVID-19."

Digital Connection project helps over-65s get online

Are you 65 or older? Would you like some help with learning to use a digital device — a computer, smart phone or tablet) and how to access the internet?

The internet is a great way to stay socially connected, particularly during this period of COVID-19 and social distancing.

With more and more services mov-

ing online, it is important to know how to use the internet with confidence.

We can show you how to

- talk to and see family and friends online
- find new friends and local groups who share your interests and hobbies
- connect with old friends

- do your banking and shopping safely and securely online

- book medical and other appointments online

- keep up to date with the news and what's happening around the world.

If you have a digital device but need some help learning how to use it, we

can link you with a volunteer who can help.

If you do not have access to a device and are not able to buy one, we may be able to secure one for you.

Call Macedon Ranges Shire Council on 5422 0237 for further information on the Digital Connection Project and to register your interest.

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WHAT'S HAPPENING AT THE LIBRARY?

Library staff have been busy developing ways to provide existing and new services despite the physical library having to be shut due to restrictions. These include:

Click and collect

We're excited to announce we've opened our return chutes for returns and we're working towards a click and collect service. We're hoping to have this up and running by June 1. Staff and community safety remain our top priority and we will continue to follow State Government advice about a staged return to service.

Updated website

The Goldfields Libraries website www.ncgrl.vic.gov.au has been updated with many new things, including Library in your Loungeroom – resources are easier to find and we also recommend other resources. My favourite new areas are Learning at Home, Wellbeing and Creativity, Life in Lockdown Project and Be Connected.

Book clubs

Book Clubs are invited to use the RB Digital online resource which has multiple copies of titles. Take a look on our website, download the App or give us a call for further information.

Programs

While our Programs might look a little different, they are still here and we would love you to pull up a chair in our online Library loungeroom and join us! We've had some amazing author talks and there's

a lot more planned. Check them out on our Youtube channel.

Be connected

Do you need help getting online, and learning how to use technology to stay connected? Goldfields Libraries is a registered network partner of the Australian Government's Be Connected digital education program for people 50 and over. This fantastic portal provides free interactive learning activities, training courses, web apps and how-to videos to help you learn digital world basics including using a device, connecting to the internet, talking to and seeing family and friends, being safer while online, and shopping and selling online safely and securely.

More information about the Be Connected program can be found on beconnected.esafety.gov.au

If you have any questions, need help with getting started on Be Connected or wish to register your interest for future courses please contact us at gisborne@ncgrl.vic.gov.au or 5428 3962 to get free assistance on the project.

A library newsletter filled with news and the above information has been sent to library patrons who have an email address attached to their library account. If you have neighbours who don't use technology or social media, please pass on any relevant information to them. You can also subscribe to our newsletter at ncgrl.vic.gov.au

For any changes to library closing mandated by the State Government please stay posted via our website or social media. Gisborne Library and Goldfields Libraries have Facebook pages with daily postings.

Parkinson's support group carries on by phone

Across the Macedon Ranges people experiencing life with Parkinson's disease continue to look forward to the time when they can meet again safely at the lovely facility of the Lancefield Bowling Club rooms.

Parkinson's Victoria have remained available via phone to assist anyone with issues or concerns. Unfortunately the annual Walk in the Park will not take place this year, but another form of "togetherness" may take place in late August or early September to permit further fundraising. Stay tuned.

Group members are keeping their daily exercise routines going and Parkinson's Victoria has promoted

its PD Warriors exercise program via the internet.

In April there was a three-day online conference, with speakers from across the world on topics ranging from current research to new methods of deep brain stimulation therapy and what that means for people with Parkinson's disease.

Until further notice our group is not able to gather at Lancefield, however we are in touch and anyone with concerns may contact their own doctor or Parkinson's Victoria on 8809 0400, Freecall 1800 644 189, email info@parkinsons-vic.org.au or via www.parkinsonsvic.org.au

WHERE IS IT?



This is one of many horse troughs set up around Australia by Annis and George Bills. Do you know where it is? (Location revealed page 39)

Kidzflip still here to support young people

Writing a column in advance is often a great way for our organisation to deliver news about upcoming events and achievements of the past month. However, given the uncertainty of life in this current time, I find myself living in hope that by June we may have started or be starting to implement some of our training schedules for young people in the Macedon Ranges.

Years 11 and 12 along with Preps and Grade One will be back in the classrooms soon and the rest of Victorian students will not be far behind.

This has been a tough time for all, no less our young people. KidzFlip is here to support them and encourage good mental health and community connectedness. We can be contacted at info@kidzflip.org.au or on Facebook if you know of a young person who may benefit from our programs or have any questions.

We would like to congratulate Leading Senior Constable Jason Azzopardi on his move to transit police, based in Footscray. Jason is one of the original founders of KidzFlip and we wish him all the very best in the new role. Fortunately, we will be able to get regular updates as he remains as vice-president of the organisation!



Jason Azzopardi

Stay safe everyone,

Tamara Collins



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Throwing away the 'work to do' list

When residents went into lockdown I made myself a wish list.

I put the things that I am not real keen on at the top of the list and things I love doing at the bottom. I worked out if I did the things at the top of the list, I would have more time with the things on the bottom of the list.

I was very pleased with myself as I got the garden finished (big job) and next was cleaning the unit. Halfway through the cleaning I received a letter full of family history from NSW. I tried not to open the letter, but I did and it was wonderful information so I have torn up the work list.

With the help of the Lifestyle Enhancement girls, residents went shopping online. When the items come up on the computer screen, I feel that I want one of everything and that's what I got. It's like going to the supermarket with a list of shopping but you get to the register with a trolley full of groceries and nothing crossed off your list.

My family gave me an iPad. Now this is a



BETTY'S BOOP

With Betty Doolan

real challenge. So far I have spoken to my daughter Judith who was upside down so I kept turning the iPad around and so did she and Judith saw my ceiling.

Then one evening three families were on my screen — one granddaughter living in Melbourne and one daughter and granddaughter in Queensland. It was lovely seeing them but afterwards I couldn't switch off the iPad. There were no faces on the screen, just all these voices calling out, "switch the red button off!". I had no red button.

One of the staff tapped the screen and up popped a red button. Before this happened, I heard someone say, "Do you think Nana will ever get it?" So I have added this to my wish list. I am looking forward to walking down past the creek. Our council workers do a wonderful job.

Keep safe and warm.

Betty

Family group offers free online mental health first aid training to carers

Local charity PS My Family Matters, which supports those caring for loved ones with a mental illness, is offering mental health first aid training online.



The traditional two-day course has been adapted to suit the restrictions of the public health situation and offers carers an opportunity to self-pace their training to suit their individual schedules.

"Through the grant funding we have received from the NDIS and the State Government we are able to offer this training to carers who are looking after loved ones with a diagnosed mental health issue," said Tamara Wilson, president of PSMFM. "The training is open to all family members [over 16] who would wish to become more informed about mental illness and how to handle it."

PS My Family Matters is offering 20 complimentary places to carers in the Macedon Ranges. The program consists of a series of online modules with two facilitated sessions.

"In the past, many carers have been unable to attend the two-day face to face training due to the pressure of time and caring commitments," said Tamara. "This format will give more carers access to this vital training, at their own pace."

To enquire about booking a spot on the program or to know more about PS My Family Matters, please call 0475 269 965. PSMFM is continuing to run online coffee catch-ups for carers, which are proving to be popular during this time of lockdown and restrictions. Please ring for more details.

If you need immediate support or assistance contact Lifeline on 13 11 14.

Submitted by Mike Hamer, 0411 549 432

Eating well and staying healthy in isolation

Many of us are stuck at home and it's important to take care of ourselves — to get out and exercise (it is one of the few things we've been allowed to do, after all) and to eat healthily.

Plan your meals ahead and shop with a list to ensure you get the right ingredients. Frozen veggies are just as healthy as fresh vegetables. Canned vegetables and beans are ok too — choose the low-salt options. If going for canned fruit, get it in juice.

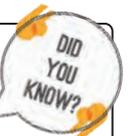
Heart-healthy proteins such as fish are an excellent source of omega-3. Go for fresh or canned salmon or tuna in spring water. Chicken, eggs and beans are also great. If choosing red meat, make sure the fat has

been removed and limit to one to three meals a week (this will save you money too!). If snacking, go for a handful of unsalted nuts, veggie sticks, a small plate of cut-up fruit or a yoghurt. Avoid stocking unhealthy snacks in your pantry — you then can't be tempted.

Staying at home for long periods is the perfect opportunity to either learn to cook or brush up on your skills. If you need inspiration, try some new recipes.

If you would like more ideas to help you improve your diet, dietitians at Macedon Ranges Health are available for appointments in person or over the phone. Call 5428 0300 for an appointment. No referral is necessary.

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Youth Clinic continues its care for young people



The Macedon Ranges' highly valued Youth Clinic, which is now in the old Gisborne Hospital (until recently Saint Mary Medical Centre) is open on Wednesday afternoons from 4.30pm to 6pm, including during the COVID-19 restrictions.

All those attending are screened prior to seeing the doctor.

Dr Alison Bailey and Nurse Louise Beer are also providing a telephone health service for students who would usually be seen at Gisborne Secondary College or Sunbury Downs College.

The "Tele Health" sessions have been

received by students very well and have provided support at a difficult time when schools have not been operating with normal hours. It is essential that students are supported by the same service providers as before for their ongoing care.

If you would like more information on the Youth Clinic, please call Louise Beer at Macedon Ranges Health on 5428 0300.

The Wellbeing Teams at schools can also provide support during these times if students are still working from home or are distanced from their friends, teachers and usual support systems.

Nurse Louise Beer (left) and Dr Alison Bailey at the Youth Clinic in Gisborne.

Coronavirus and your mental health

Macedon Ranges Suicide Prevention Action Group (MRSPAG) is reaching out to the local community during this difficult and uncertain time.

Many of us may be feeling higher levels of worry and anxiety, and all of us have lots of questions – Are our friends and family safe? What will happen to us if we get sick with the virus? How do we cope with job uncertainty and financial stress? When will things return to normal?

MRSPAG chair Annie Rowland says the group knows there are going to be more community members who will feel vulnerable and who may need mental health treatment and support at this time.

"If you are feeling well and able to support someone, we greatly encourage you to reach out," she said. "A phone call, text message, or note in the letterbox can be all it takes to let them know you are there. We also hope everyone knows it is okay to reach out and ask for help if you need it."

MRSPAG is a group of community members who work together to prevent suicide in the Macedon Ranges. They also provide a peer support service for those bereaved by suicide. You can find the dates for these meetings at www.facebook.com/MRSPAG or email info@mrspag.com.au.



Free online suicide prevention training

Suicide prevention training is now available online.

MRSPAG recommends the Living-Works Start program. As part of the Macedon Ranges Suicide Prevention Trial, free access to this program is being

provided by North Western Melbourne Primary Health Network.

The program only takes an hour and gives you the skills and knowledge to help keep family, friends, co-workers and others safe from suicide. It helps trainees to recognise when someone is thinking about suicide and connect them to help and support.

If you live or work in the Macedon Ranges and would like free access to this training, please contact Deepa, Suicide Prevention Project Officer, deepa.patel@mrh.org.au.

If you or someone you know is in need of immediate mental health support, phone Lifeline on 13 11 14 (24/7) or text 0477 13 11 14 (6pm to midnight). For other 24/7 supports visit MRSPAG on Facebook or web.



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How to work from home without breaking your body

With local chiropractor Dr Tony Croke



You're working from home and you've been doing it for a while now. You're squeezed by the competing demands of home life and work requirements, and it feels like your body is the meat in the sandwich.

Neck pain, headaches, aching shoulders and cranky lower back are just some of the symptoms I have been seeing in my practice.

Here are four tips to help make working from home actually work.

Routine

Wake up at the same time every morning, eat meals regularly and make regular time to exercise for your physical and mental wellbeing. Some certainty in your schedule can be a great antidote to the uncertainty we've all been facing lately.

Set up your space

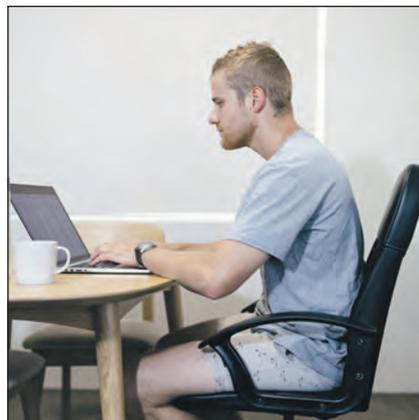
Try to avoid working on your bed or the couch - it's brutal on your spine.

Choose a work chair that supports the base of your spine. Sit with your feet either flat on the floor or supported by a footrest. Arms should be relaxed by your side (wrist straight when using mouse and elbows at 90-110 degrees when typing), with your posture relaxed and tall.

Your eyes should be looking straight ahead at your screen, so if you're working on a laptop, use a separate mouse and keyboard and elevate your screen.

Take breaks

Set a timer on your phone. Every 30 minutes or so, get up to walk, stretch and have some water.



WRONG: Working hunched over a laptop is a recipe for spinal disaster.



AAHHH...! Using a riser — or even a pile of books — and separate keyboard and mouse can make a world of difference to your health and productivity.

Spatial distancing, social connection

While we need to maintain physical distance, we don't need to distance ourselves emotionally from the people we care about. Reach out to family or friends every day and stay connected.

Carers cope with 'iso' in different ways

Some readers may have been following the fortnightly stories being told by members of Woodend Lifestyle Carers Group over the past three months in one of our local weeklies. The background to this series has been the group's desire to create greater awareness of dementia, how carers cope with the changes in their loved ones, and also to let other carers know that there is support and understanding in their community.



There has been considerable talk in the media of support for mental health, with advertising showing young men and women suffering dreadfully as a result of the problems they are experiencing as a result of the coronavirus pandemic. It is noticeable however that there is nothing being said about the mental health of carers, either young or old. As carers we all cope in our own way, and many have discovered the wonders of social media where they can at least see and speak with their loved ones on a regular basis while in isolation.

However, while our group does have older citizens who enjoy this technology, there are many who have neither a computer nor a smart phone. That said, I was delighted to learn that one member who cares for her husband with Parkinson's and dementia, and who belongs to a bridge club, had managed to gain some respite by downloading a bridge game app which allows her to notify her fellow players that she's up for a game at 9am, thus she is able to continue enjoying her pastime while looking after her husband.

Several other members are taking time to enjoy their gardens or go for long walks around their country properties with their partners; this gives both parties some good exercise, which in turn has resulted in better sleep patterns.

Another carer has found that the enforced lockdown, while initially very difficult to explain, has resulted in his spouse enjoying time at home because that way she doesn't have to meet 'strangers' or feel foolish because she is having difficulty coping with her illness.

Many members have discovered that while keeping to the social distancing rules, their friends and neighbours have been keeping up a wonderful supply of cakes, biscuits and even casseroles. They say they are, in fact, eating better and exercising more diligently than before the crisis.

Contact with other members is being maintained through telephone chats, but everyone is definitely looking forward to getting back to regular meetings and coffee on Wednesday mornings. Call 5420 7132 for information on the Woodend Lifestyle Carers Group support group, which of course is not limited to people who live at Woodend; our members are from all the local areas.

Cherry Servis, Secretary

The word "swims" upside down is still "swims"



Health Talk with local medico Dr Umair Masood



The biggest health issue facing our generation is happening at this very moment. The COVID-19 pandemic has been a sobering and life changing event for all of us.

Australia has fared much better than most other countries. We have had very low death rates and now the active (people who have a current infection) case numbers are reducing nationally. As a result, we have seen the easing of restrictions by both the federal and state governments. This has been a welcome relief for everyone.

The government tactic was to suppress and not eliminate the virus. This would then enable the health system to cope and they have achieved that. As a result, there will still be ongoing clusters of infections in Victoria, as we have already seen. I suspect that this will continue for a few more months to come. The current modelling shows that our health system will be able to cope with this.

However, we need to avoid a second wave of major infections as the restrictions ease further. We must

maintain social distancing measures where possible and maintain good hand hygiene. Choose where you go wisely and do not involve yourself in crowded places. If you feel sick, be a hero and stay at home!

The medical community is also expecting non-COVID-19 health issues to become more of a problem in coming months. I want to talk about mental health this month. Unfortunately, we have twice the national average of suicides in the Macedon Ranges. It is predicted suicide rates will increase by at least 50% this year. It is important that we all are aware of this.

Given the pandemic situation, people have lost jobs, may have financial strife, suffer from loneliness, suffer domestic violence and may have exacerbated existing mental health issues.

We may know people who have undergone these issues and we need to be mindful to ask if they are ok. Having a friend to talk to always helps the situation and a simple gesture such as sharing a cup of coffee will help. Please make sure you ask anyone who you suspect of having mental health issues to see a GP, psychologist or at the very least call Lifeline on 13 11 14 (24 hrs).

Making sure to stay in touch

A Men's Shed is a place for a man to go, to meet someone to talk to and find something to do. It's about connecting with our community. Recently our connection with fellow Shedmen and family has been largely digital, via phones and computers.



Fortunately, we're a reasonably tech-savvy bunch of blokes. With some assistance from our in-house tutors Roger and Gunther, over recent years we've mastered the basics of our phones and computers which helps us keep in touch while our Shed is physically closed.

With more services like shopping, banking and medical requirements moving online, these are very useful skills to have. If you haven't got access to our Roger or Gunther, look out for a new local initiative called "Digital Connection for Seniors" for assistance.



Displaying the Shedman spirit (pre-corona).

Back in the mid 1940s Winston Churchill said "Never let a good crisis go to waste". Many of our Shedmen have been taking the opportunity of extra spare time to practise and enhance their digital skills,

exercise culinary talents, catch up on a few unread books and, trickiest of all, tidy up their own sheds.

But as good as all that is, we're looking forward to when our Men's Shed doors are open again!

Winter is upon us

June marks the start of winter and like many others in our community, this is the time of year where I usually begin the process of hibernation. You know, starting to make excuses not to get out and exercise and socialise, like "it's too cold, it's too wet, it's too...", you get the picture!



An article about general health by local resident Julie Ireland

How can we pull ourselves out of the winter doldrums? Well, after spending more than two months in self-isolation with my family due to COVID-19, I now can't wait to get out of the house! Not

only to get out into the sunlight during the day and continue with my exercise regime of walking the dogs, but just to see some other people (though I love my family dearly).

And I don't know about you, but sitting on the sofa eating chocolate, dreaming of my next carbohydrate-heavy meal, and bingeing *Suits* on Netflix doesn't seem like a bad way to spend the cold winter days! I'm sure I am not alone in this.

So what is this strange malaise that we may experience over the winter months, often referred to as 'winter blues'? Characteristics of this winter 'funk' might include low mood, less energy, sleeping more and increased appetite. At its most severe (when medical advice should be sought), this condition is known as Seasonal Affective Disorder (SAD), a form of depression often experienced during the colder and darker winter months.

So instead of spending valuable time coming up with excuses why we can't go out and exercise and socialise this winter, it's time to channel that energy into being thankful that we can now go out and catch up with people other than our immediate family, and use the time to reconnect in person with friends we haven't seen the past few months (in very small groups, while social distancing).

This will be great for our physical health, but more importantly during these still uncertain times, for our mental health too.

Take care of yourselves, everyone.

Yippee! Playgrounds open again



It will be wonderful to hear the happy sound of children playing at local parks and playgrounds again.

On May 24, the State Government announced that Victorians could return to outdoor playgrounds, skate parks and outdoor gym equipment on Tuesday May 26, the same day some students returned to schools.

The closed playground at Stanley Park in Mt Macedon (above) was very lonely during stage three restrictions in April and May.

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Morning adventures of a dog named Max

What was that? That noise! ... There it is again. Oh, it's the alarm! Time to get out of bed. But I'm being rude; my name's Max. I'm a dog and I look after the two dry-noses (humans) who live with me.

I don't think they're up yet; they like to sleep in after the alarm goes off. I'd better wake them up, even if they are working from home. The dry noses get a bit upset when I do the big leap onto their bed; they're sensitive creatures, bless their little hearts. Guess I'd better wake them up gently.

The female dry-nose likes being woken up with a lick or two to her cheek; what can I say...I'm cute.

The male dry-nose calls himself the doggie master. He likes to think he runs the show; so fragile are the egos of the male dry-noses! Anyway, he responds best to a look. I learnt that from the female dry-nose. As a result, he does whatever I want (and what she wants); poor bugger. I guess that's why I'm the leader of this pack!

Right now, it's time for my breakfast. Off to my dining hall we go! The dry-noses call it the laundry.

They're getting ready for work. Yep, I've got them well trained and I didn't even have to use any treats! Why does the doggie master love to sing in

the shower? My ears are ringing with his screeching voice! Just imagine what the neighbours think!

Time for a morning cuddle from the female dry-nose. She likes to give me a belly rub as well — I love it! Her hands are always nice and warm, and with those long fingernails it tickles.... hehehe.

She's done, and off to the study to log on to her PC.

Where's the doggie master? I can smell his cup of coffee anywhere! I'd better go and check on him. Time to run along the wooden floorboards, which make my back legs slide around. How come the female dry-nose always laughs at me when I do that?



'I'm Max, of course: very cute leader of the pack!'

Found him! He's sitting in the lounge room watching CNN and laughing at another live press conference by President Trump from the Rose Garden.

If he's on the sofa... that means I can be too! All right big fella, I'm going to stretch out; you make sure you massage my neck and back just right...ahhh, I love being pampered!

Doggie master has logged onto his laptop for a Zoom staff meeting. I hear him greet the other teachers. They're worried about the lack of attendance of some students in Zoom classes, the assessment of students during remote learning lessons, blah, blah, blah...wow teachers talk a lot!

Why can't they take a few lessons from a dog's philosophy to life? You know, take a moment to enjoy the smells of the new day and always make sure you're wagging your tail when you meet somebody? You know, the fun things about life! And stop sweating the small things!

Doggie master is now monitoring his first Zoom class for the day; a year 8 mathematics class taught by a new teacher to the school.

I don't know about you, but that's my cue for my morning nap!

Hehehe... zzzzzzz....

Seen around town



Lionel Tata and Harley Giddings

Fish a hit in 'iso'

The XL Fish van was the place to be on Thursday May 14 with a line of people patiently waiting, socially distanced, to buy fresh fish.

Owner Lionel Tata reported that sales during the pandemic have been "better than ever" with so many people home and cooking.

Flathead tails, salmon and snapper have been the most popular.

Community Bank support continues in 'iso'

Although pandemic restrictions forced most local groups into recess in March, Gisborne Bendigo Community Bank proceeded with its Autumn 2020 community investment round to support local groups at this extraordinary time. Special allowances were made for the pandemic.

The application deadline was extended two weeks to allow more groups to apply. Grants and sponsorships totaling \$60,000 were awarded to 20 groups in May via email instead of at one of the bank's popular community investment evenings. And all funding will apply to the same project in 2021 if it cannot be undertaken as planned this year due to COVID-19. For this reason, Autumn 2020 community investments will only be announced as projects are confirmed.

Most meetings with community investment recipients were held via Zoom and the few face-to-face meetings held followed the social distancing protocols in place at the branch.

The volunteer board and staff of Gisborne &



A rare 'iso' grant meeting held at the branch in May shows the iso screen that many businesses are now using.

District Community Bank Branch thank all of the volunteers who are working hard to keep their members connected during COVID-19 and hope the new grant projects can happen soon to benefit the community at this challenging time.

Seeking young writers

Are you between five and 18 years old and love to write, or do you know someone like this? Would you like the chance to have your work published in a book with all profits going to a children's charity?

Children's author Karlana Santamaria (who publishes as Karlana Kasarik) invites you to

participate in her Lockdown Story Writing Project. Submit a story (fiction or non-fiction) related to lockdown or COVID-19 by Sunday July 12 and go into the draw to win a free set of Karlana's *Stone Keepers* trilogy.

Details at karlanakasarik.com

REFLECTIONS

with Warwick McFadyen

The dog and I have been spending a few minutes each morning sitting on the bench at Gardiner Reserve outside the change rooms. I have a coffee bought from one of the hundreds of Gisborne coffee dispensaries. (Honestly, with the range of supply, our little town's residents must be caffeinated to the rims of their collective eyeballs).

Social distancing at the reserve is not a problem, for apart from the occasional walker passing by, it is solitude sitting (perhaps that could be the antipodean sequel to Suzanne Vega's hit).

There is nothing of the players or the game yet of course. No remnants of the footbaling weekend along the perimeter. Still I smile at the sign admonishing players not to clean their grubby boots on the nice clean brick wall. As if footy players would do that. Maybe ghosts of players past are walking around these mornings, but I'm not attuned to them.

The benches face east so in the early morning light I can raise my face to the sun. I can feel its warmth, even though there might be frost carpeting the oval, with traces of steam rising in the air. The ground is beautiful at this time. It's the non-functional side of its function. No game on, either footy or cricket, and still it holds you. The ground nestles into its environment, and its environment cradles it.

It's late May, and the colours of late autumn are clinging to the sky before falling to earth. Soon enough the oaks and other deciduous trees will be bare-limbed. Winter is icumen in, as an English balladeer might have written in the 1200s. The dog and I walk among the yellow, red, gold and green most mornings. He knows the way. I wonder does he know how lucky he is to be among the ordinary beauty of the everyday. Maybe he does. Maybe his tail wagging says it all. Though sometimes he talks in a moving wooo-oo-000; there's not much range there, but plenty of expression.

Keats wrote to autumn: "Where are the songs of spring?/Ay, Where are they?/Think not of them, thou hast thy music too."

You could call it synaesthesia, or if you are just walking among the colours in the early light, you could call it the beauty of the everyday. And smile. And Dennis could wag his tail.



Birds of the Macedon Ranges

Gang-gang Cockatoo

The late Ron Weste photographed this pair of gang-gangs on a property in South Gisborne where they were feeding on the seeds of a bushy yate tree (*eucalyptus lehmannii*). The male is the one with a crest of red feathers.

Gang-gangs are usually seen in pairs or in small flocks and their cry has been likened to the noise made by a squeaky gate.

They breed between October and December and usually two eggs are laid in a tree hollow located high above the ground.

Handy app that helps you help

On your daily walk, ride or drive you may have come across something that raises concern and as a responsible citizen wondered "Who should I report this to?" Perhaps a leaky water main, pothole in the road, or damaged public property.

Well there is an app available that is simple to use and makes that decision for you. "Snap, Send, Solve" enables you to put your issue into cyberspace where it is magically sent to the responsible authority! Just open the app, follow the instructions, fill in some relevant details and send. Experience shows it works and sometimes you even get feedback! Give it a try.



COUNCILLOR'S COLUMN

With Cr Andrew Twaits

At the outset I want to thank and congratulate the team at GREAT for managing to safely organise the publication of the *Gazette* over the lockdown period. It's an important channel for community news and I'm sure all readers are very grateful.

In my last column, I wrote about the coming budget process and the importance of community input. Since then, the economy has been turned on its head by the COVID-19 pandemic and the State Government has fortunately given councils an extra couple of months to hand down their 2020-21 budgets.

I expect a draft budget will be available (see Council website) for community review and feedback throughout June and I encourage as many of you as possible to tell us how you want Council to spend the money that residents and businesses pay in the form of rates, charges and other fees. In particular, what additional support measures should we be putting in place to assist residents and businesses impacted by the pandemic, and how can we best allocate our resources to stimulate the sustainable rebuilding of our local economy? Feedback can be provided directly to Councillors and via a number of feedback channels (including Council's website).

The Council is in strong financial shape. We're also very fortunate to have a broad network of capable and committed volunteers who safeguard our environment, organise our local sporting and cultural activities and help support the most vulnerable members of our community. This should give us all confidence that whatever economic and social challenges lie ahead, we are well placed to come out the other side.

And finally, another thanks — to the health workers and other essential service providers in our shire who've done so much to help all of us through the recent period of disruption.

Keep well.

Andrew

It's not all about COVID-19

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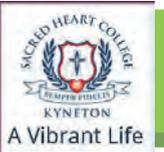
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RIDDLES & JOKES

Why were screams coming from the kitchen?

The cook was beating the eggs.

How do you find a missing barber?

Comb the streets.

Do engines have ears?

Yes, engineers (engine ears)

What's a boxer's favourite drink?

Punch

How far can you go into a forest?

Half way, after that you are going out again.

What did one mushroom say to the other?

"I like you, you're such a fungi" (fun guy)

What's the best gardening magazine?

Weeder's Digest.

What did the dentist say to the golfer?

"You have a hole in one!"

Why did Grandpa put wheels on his rocking chair?

He wanted to rock and roll.

Last night I was sitting on the sofa watching TV when I heard my mum's voice from the kitchen: "What do you feel like for dinner my love — chicken, beef or lamb?"



I said, "Chicken, please." She replied, "You're having soup, I was talking to the cat!"

A man went to the librarian and asked, "I'd like a book. Something very deep."

A: "What about 20,000 Leagues Under the Sea?"



Swinburne Kinder children made rainbows in May.

Swinburne Avenue Kindergarten

Term 2 at Swinburne Avenue Kindergarten is well underway for our four-year-old funded kindergarten program.

The staff and families have had to adapt to the new challenges upon us. The kindergarten families would like to acknowledge the amazing work of kindergarten staff during these challenging times, in meeting many of the new processes required to provide the kindergarten program.

The children are really enjoying the routine and wonderful learning opportunities which kindergarten provides and we are very fortunate to have the opportunity to continue this vital aspect of our children's education.

In May the Kindergarten Parents Committee was pleased

to bring some positive news to the kinder, announcing that the kindergarten had been awarded a \$1000 grant from the very generous Community Bank Branch of the Bendigo Bank. For a number of years the bank has been fundamental in providing additional funds to support programs provided in addition to the curriculum funded through the Council.

The grant funds the Healthy Eating and Sustainability Program which enables children to participate in cooking, beeswax wrap making and gardening. The kindergarten community would like to send a shout out to Bendigo Bank for making this program possible.

Tamara Rumble, President

Kindergarten registrations open for 2021

Online registrations for 2021 kindergartens in the Macedon Ranges shire are now open. Register online before June 30 to enter the draw for a chance to win two terms of free swimming lessons for your kinder child. Register now at mrsc.vic.gov.au/kinder-rego

QUIZ

1 What instrument has 52 white and 36 black keys?

2 How many degrees are there in a right angle?

3 What is a female horse known as?

4 What part of the body is treated by a chiropodist?

5 St Patrick is the patron saint of which country?

6 Which river flows through Mildura?

7 Who wrote Hamlet?

8 Which American President was assassinated in November 1963?

9 What sport takes place in a velodrome?

10 Which country has the largest population?

ANSWERS

- | | |
|--------------|-----------------------|
| 1 Piano | 10 China |
| 2 90 degrees | 9 Cycling |
| 3 Mare | 8 John F Kennedy |
| 4 Feet | 7 William Shakespeare |
| 5 Ireland | 6 Murray |

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With coronavirus restrictions easing, Jumbuck is pleased to announce that we're open for business again. We would also like to thank the community for your support over the past few weeks.

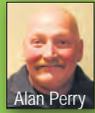
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SCHOOL'S IN



Gisborne Primary shares experiences of remote schooling



Belinda Scott, Year 6 teacher

With only a few days to really prepare for remote learning, I was optimistic for what the term held. What better way to support students into being 21st century learners than through learning digitally.

It turned out that remote teaching was both challenging and rewarding! I missed seeing my students face to face, chatting

about their lives, sharing jokes and giggles and being there to support them when and as they needed it. The days were long and I felt exhausted at the end of each week.

The distance that online learning put between my students and me felt like an ocean at times, but I always tried to stay positive for them and make myself accessible for whenever they needed me.

My students were amazing and quickly

put a smile on my face, especially when I had to celebrate a birthday without friends and extended family. We introduced morning dress ups to keep our mental health positive and begin each day smiling. This is what got us through some days. Although I loved the experience that online learning provided for both myself and my students, I am looking forward to being back in the classroom.

Belinda

Riley Smith, Year 4 student

I've learnt that remote learning is hard and that I miss being with my friends. I have learnt patience to wait and see everyone again. I have also learnt that you should take your time with your work because it's important to still do your best even though your teacher isn't telling you what to do.

Just because the teacher is not there it doesn't mean that you don't try your hardest, and don't give up.

I have learnt to think for myself and not ask other people what to do that much. I have developed student agency by pushing myself and going back to check my work.

I am sad that I am not at school with my friends and teachers so I am feeling excited about going back to school. Even though we don't see each other in person we still see each other on a screen.

I'm looking forward to playing with my friends and kicking the ball around. I can't wait to see my teachers and talk to them like I will with my friends. *Riley*



Penny Keehner, Year 4 teacher

I started on this journey with trepidation as I am not very familiar with working online and using the various communication platforms. I am at the downhill slope of my career and retirement is still a little bit in the distance but being considered.

With that, I brushed up on my skills and jumped two feet into the process. I met my class each day in small groups, with students very quickly switching between applications as we proceeded to complete activities.

I was very impressed by how quickly they adapted to online learning. Yes there were teething problems every week, the broadband width was too narrow, students had visual but no sound or vice-versa and of course they were missing their peers.

To combat this, on Friday we have a dress up day and a whole grade chat. The students look forward to this, where awards are issued and the newsletter read.

Myself, well I am amazed that an old dog like me can adapt as well. I am now sharing work through the communication platform, making home videos explaining teaching points, creating anchor charts to support learning and of course correcting and assessing work.

My days are long, much longer than a normal teaching day, as I correct work well into the night,



but I want the students to receive their feedback directly.

I am looking forward to returning to school with the students but also I will be sad to leave this new way of working, although my legs and eyes will be relieved as I sit too long at a computer!

Upgrade designs released

Designs have been released for Stage 2 of upgrades to Gisborne Primary School. The \$10 million project includes a new competition-grade gymnasium and administration building and new classroom areas and playground facilities.

Stage 1, which included some refurbishment and modernisation, is complete. Stage 2 is expected to be completed by mid-2021.



Concept artwork for the some of the new buildings

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Remote learning with NGPS



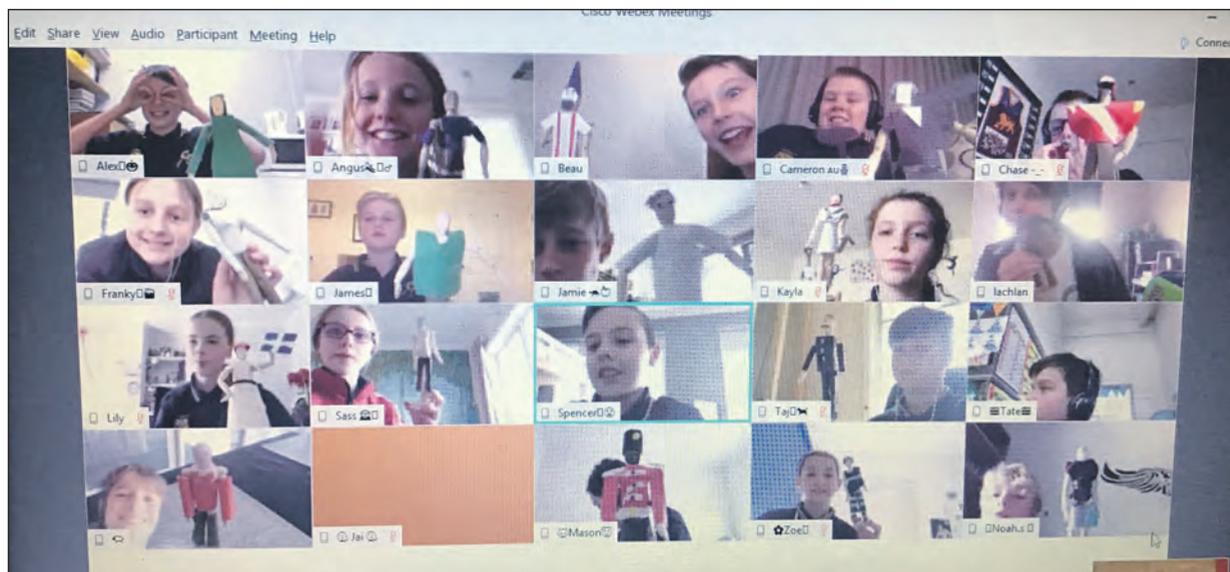
Some of our Year Sixes have reflected on their recent experiences with remote learning...

Franky: I have learnt I can work more independently. My confidence has grown as a learner to trust myself with the things I decide to do. I have liked freshly home-cooked lunch.

When our class does yoga my dog comes and joins in and cuddles into me, it's really cute. I have not liked when my brothers interrupt when I am learning but I just ignored them.

Lily: We were extremely sad that we couldn't go on our three-day camp to Sovereign Hill this year but we have been doing lots of fun things as well. We got some wooden 'mini me's' and dressed them up in 1850s clothing and wrote stories about them.

Alex: Online learning is harder than I thought. Work you are given is hard if you don't understand it, because your teachers are trying to explain it but then everyone starts to also need help. It's still fun though, we can chat before class starts, we can tell



Grade Sixes show their wooden 'mini me' in 1850s clothing in a virtual class.

jokes to each other, but when the class starts you have to really listen because you might glitch out and not know what to do.

Kayla: I like how on Fridays there is a topic (crazy glasses, hats or hair) and we go to our Webex meeting in them. It's fun to see everyone dressed up and it gives a bonus to being stuck at home.

Charlie: I can, for a fact, say that this has changed my life in many ways. I now know how lucky we are to live in such a great, safe and lovable country. I'm so glad that Australia is slowly but steadily coming out of 'hibernation' but as I have realised over the past month, many European countries and the USA have been hit with a truly terrifying dose of the now infamous COVID-19.

What a peaceful start to the day for Prep A

During remote learning time the Prep children at Holy Cross Primary School joined a Google Meet for Prayer time, a story, some songs and some mini lessons.

Lucy loved tuning into her peaceful inner place through some breathing then saying class Prayers at the start of the day.

Here in this time, gratitude and kindness were cultivated.

A peaceful place in space when even apart physically the children could share in this collective moment. Beautiful.

Melanie Cardillo, Prep A Teacher



Holy Cross prep student Lucy McMahon during remote learning Morning Prayer.

New primary school for Gisborne

Construction of a new local primary school was announced by the State Government on May 18. To be located in the Willowbank Road area of Gisborne, the new school, to be known as South Gisborne Primary School, is planned to open in 2022 with space for 475 students. The exact site has not yet been announced.

The project is part of a State Government building package planned to deliver \$2.7 billion in shovel-ready projects to get thousands of people back to work across the state.

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A Year 12 student's take on 'iso' life

Isolation.

It's been a strange experience, especially in year 12. However, I wouldn't change a thing. Being cooped up inside has given me the opportunity to sleep in, go running constantly, wear casual clothes and put on impossible amounts of glitter eyeshadow.

I realised early on that I just had to stay busy and smile because otherwise the situation can get to you.

Work for me at the moment has halted which I do miss, but with the loosened restrictions I'll be back soon. School during this time has been entertaining to say the least. I can say with confidence for the majority of students that we have all had at least one incident where a pet decided to take over a Zoom meeting and run the show.

Being in year 12 seemed really daunting at the beginning of this year and at times it still does, however having isolation begin when it did came as a blessing in disguise for me. I have more time to complete work while sitting in the sunshine, and with two portfolios to complete I found long walks through Macedon's ever-changing autumn colours to be fresh inspiration and stress relief when times became tough.

The one thing I truly do miss about school is my friends — that's been the hardest part. I am really looking forward to seeing them all when school begins again. For the most part I have enjoyed the quiet and the experience of isolation; it has brought my family closer together. I hope everyone is able to take something from this experience as I have.

Amber Carlton-Doney



Amber Carlton-Doney of Macedon.

Linking trails to go ahead

Macedon Ranges Shire Council is to receive \$8.75 million to make the Macedon Ranges Trail Project a reality, Member for Macedon, Mary-Anne Thomas, announced on May 29.

Designed to encourage cycling, walking and running for people of all abilities, the project will provide shared use trail links that connect Woodend

to Macedon, Macedon to New Gisborne and New Gisborne to Riddells Creek, and cover 23 kilometres.

The Council will now begin working with public land managers to finalise design and start work as soon as possible. Companies engaged to complete the work will be required to find new employees through Working for Victoria in the first instance.

Bushwalkers still striding after 38 years

The Gisborne Bushwalking Club has just completed its 38th year since its foundation on April 15, 1982, more than doubling its membership from these early years. Despite social distancing in the past few months, we are still publishing our newsletter and making sure we get out walking, either by ourselves or in pairs, as much as possible and indeed look forward to resuming club activities hopefully by spring.



expertise in bushwalking and camping along with Brian and Sheila Smith, who had all previously completed leadership and walking courses. By the October, the club had adopted its badge designed by Ainslie Cummins, at the time a teacher from Kyneton High School.

The Lerderderg Gorge was the club's first walk (May 29-30) and an eye-opener for many of the 20 or so participants as to how rugged and beautiful our immediate backyard is. The excitement of off-track walking, using navigation skills and overnight camping, captured

In the years since, the club has spread its wings as far as Germany, New Zealand, Tasmania on several occasions and the Flinders Ranges. We have hosted and been hosted by Adelaide Bush Walkers and extended our activities to social events (with many thanks to Shirley Forsyth) such as Mount Players, Archibald exhibitions, canoeing, garden visiting to name a few, and care and support of the Macedon Ranges in conjunction with Parks Victoria.

However, our core business has always been Victoria and principally the Macedon Ranges. There is possibly not one track that hasn't been explored from Barrm Birrm above Riddells Creek, Mt Teneriffe and Mt Charlie, to the paths of Mt Macedon, the gullies of the Pyrete and the whole of Wombat State Forest.

Throughout this time the club has been a wonderful opportunity to meet people, to exercise and to discover how diverse and fascinating our region is. The return to our normal daily lives and the chance to participate in club activities will undoubtedly be greeted with much joy.

Nigel Tarr

Lerderderg Gorge ... was an eye-opener as to how rugged and beautiful our immediate backyard is

their imagination and led to several more walks that year such as Gellibrand Hill State Park (before Woodlands had been renovated), the Grampians (Mt William to Mafeking), Melville caves and Mt Langi Ghiran (Brian Smith's initial walk as leader).

The idea of forming a Gisborne Walking Club came from a number of teachers and others involved in Scouts who posted an advertisement in the local *Telegraph* (now *Star Weekly*) to meet at the community centre. The turnout was encouraging and at least three current members attended this initial meeting: Ashleigh McKenner, Sheila Smith and Ann Ciesielski. Robert Blair (former science teacher at Gisborne Secondary College) was elected as first President and provided much



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Winning images of Macedon Ranges Photographic Society 2019 club competitions

The Macedon Ranges Photographic Society is made up of enthusiastic local photographers.



Macedon Ranges Photographic Society

Each year the club syllabus includes a range of competitions for members based on both set subject and open topics.

Often a set subject competition is about a theme that has previously been covered in technical information sessions. The open competition gives the members the freedom to choose their own subject for the photograph and provides an opportunity to focus on a special interest.

There is usually a section for print photographs, where these are mounted and displayed at club nights, plus a digital section

where images are projected onto a screen.

Last year there were 16 winners in total across the open, set subject, print and digital competitions, with an additional two winners in an end-of-year competition. The Aggregate Winner for 2019 was Ronda Woolgar.

Featured here are the winning photographs of the open category competitions in 2019.

Due to COVID-19, activities, competitions and meetings are still currently only online. New members are most welcome though that may change with easing restrictions.

For more information about MRPS, please visit www.macedon-ranges-photography.org.au or email questions to mrps@macedon-ranges-photography.org.au Colleen Mahoney



Defying Gravity by Cherry Cole



Forgotten by Ronda Woolgar



Lisithansus by Cheryl Connell

Showcasing local photographers



Coopers Creek Forest by Allan Chellingworth



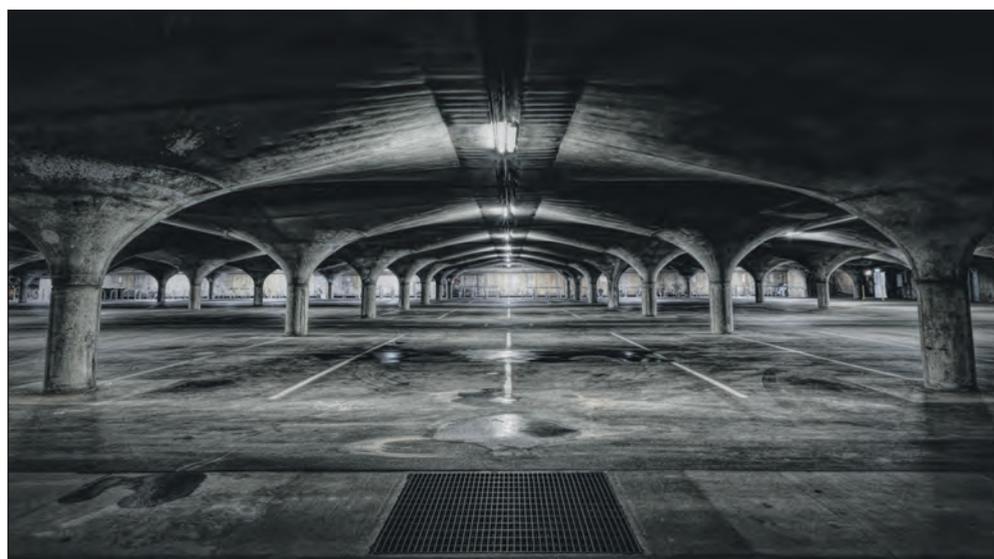
Colours My World by Ronda Woolgar



From the Clocktower by Martin Leitch



Lotsa Penguin Babies by Cherry Cole



Concrete Roots by Ronda Woolgar

Celebrating Foodbank's amazing volunteers

Australia celebrated National Volunteer Week at the end of May with the theme "Changing communities. Changing lives". The Gisborne Foodbank thought that this was a great opportunity to acknowledge the work of four volunteers who have been keeping the Foodbank open and running during the lockdown period.

Due to the restrictions and need for social distancing, Anita Worrell, the Foodbank Manager, felt that the only way to keep volunteers safe was to restrict the number of volunteers being exposed to other members of the community.

Jo Avery and Tony Woodgate, regular Foodbank volunteers, offered to join Anita and work on Wednesdays and Fridays. Cathryn Morrison, who was unable to work due to the COVID-19 shutdown, offered to do deliveries so that those who were self-isolating or were more susceptible to the virus due to medical conditions did not need to visit the Foodbank in person.

As restrictions slowly begin to ease the Foodbank will continue to help those in our community needing assistance with food and basic household items for as long as needed until their situation improves.

The Gisborne Foodbank is open on Wednesdays and Fridays from 10am to 3pm. If you need assistance putting food on the table, please contact the Foodbank on mobile 0492 850 520, drop in on Wednesday or Friday or message us via the Facebook page (@GisborneFoodbank).

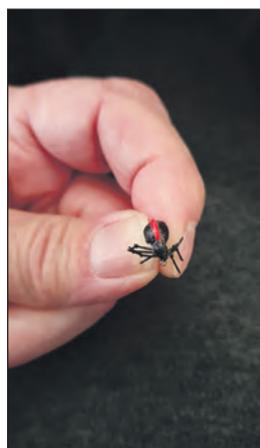
'Flying' in the face of adversity



The lifting of restrictions on fishing in mid-May, after about five and a half weeks of abstinence, was welcome relief to club members keen to get out and apply necessarily dormant skills to coax that wily trout or attract that hungry cod to the fly.

At the time of writing social distancing is still a requirement. We still have to cope with the limitations on physical club meetings and fly tying instruction nights. Our online meetings and activities are working well.

To recognise the changes and to encourage participation in our online events \$30 reduced memberships are now available.



Ben's Redback Spider – a terrifying spectre to the unwary.



Ben's Mulloway Fly

Our April General Meeting was held online with a presentation by Tom Jarman, our champion European Nymphing expert, delivering a very informative talk on his methodology of fly fishing our local lakes. His talk, complete with digital slide screens and visual contact with members, covered everything from equipment to suggested fly depths and retrieves. Members were given a video of the presentation to keep and study.

Materials for the June fly tying instruction night have been delivered to members by post and we are looking forward to tying a Possum and Partridge Nymph.

Pictured are two of President Ben Le Vague's flies. He terrified his Kiwi mate when he passed him the redback!

If you'd like to know more about the Calder Fly Fishing Association please visit www.calderflyfishing.com.au

Louis Bokor



MACEDON RANGES MUMMA

with Kat Buttigieg

Five bike tracks to try

I don't know about you, but my family became avid bike riders while staying home during the isolation period. Here are five great bike paths in the Macedon Ranges and surrounds that you may like to check out. Of course, please respect the current restrictions that are in place.

Gisborne Botanical Gardens: Take the path from the gardens along the creek, under the main road and towards the library.

Lake Daylesford: Try the picturesque circuit around Lake Daylesford. The kids will love checking out all the birdlife.

Campaspe River Walk, Kyneton: This track takes you all the way from the Kyneton Racecourse down to the Kyneton Botanical Gardens.

Malmsbury Botanical Gardens: Follow the path through these serene gardens. They look like they are straight out of a Monet painting.

Five Mile Creek Track, Woodend: This track begins at Jeffreys Street and ends at Romsey Road.

Visit the blog at www.macedonrangesmumma.com for more ideas for family fun in the Ranges. Are you new to the area? Would you like to meet other families? Join the Macedon Ranges Mumma Meet Up group on Facebook to keep updated about our next catch up. Hopefully sometime in the near future. Take care and stay positive.

Life of leadership and military service

OBITUARY

Philip Kudnig, 1933-2020

Philip was born in Casino, NSW. In 1938 his family moved to Western Australia then in 1940 to Victoria where Philip attended Auburn Primary School in Hawthorn East. Their next move was to Dromana and their father joined the Army. Philip joined the Cubs.

He obtained a job operating a petrol bowser at the local garage. In 1944 the family moved to the Blue Mountains where Philip developed a love of the bush and nature. He attended Katoomba High School and enjoyed Scouting.

The family moved to Queensland in 1947 and Philip attended boarding school in Charters Towers. There he developed leadership skills, became co-captain of the school and was involved in football, swimming, tennis, athletics and cadets. He studied engineering at Queensland University then joined the Officer Cadet School at Portsea where he graduated first place in his course.

He then joined the Royal Australian Engineers in NSW. He learnt to use heavy machinery including graders and bulldozers as well as bridge construction.

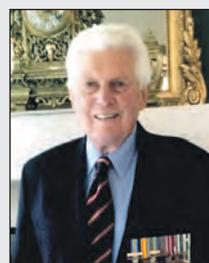
At the start of the Korean War,

Philip was appointed to the British Commonwealth Force and after the war assisted engineers in Korea to rebuild their country. He was awarded the Korean Medal for Peacekeeping.

Following the war, Philip oversaw the Citizen Military Forces in Hobart where he met Judith Harvey. They were married in 1959 at St David's Cathedral in a full military ceremony. They later moved to Melbourne and he worked at the Victorian Barracks.

In 1960 Amanda was born and three months later Philip was posted to England where he lectured groups of British Army infantry. They returned to Australia and in 1963 Philip was sent to Maralinga, the site of British atomic testing. In this time, Martin was born.

Later in 1963, Philip was appointed to the Officer Cadet School at Portsea and instructed in both military law and engineering. The family built a holiday house in Sorrento, where they created many fond memories. In 1968 their youngest child Simon was born. Following a course at the Army Staff College at Queenscliff, the family moved to Canberra and during this time Philip undertook an assignment in Vietnam where he was appointed Officer



Philip Kudnig

Commanding First Field Squadron Royal Australian Engineers.

He returned home in 1972 and in 1974 was posted to Sydney as Commanding Officer of First Field Engineer Regiment

in Holsworthy Barracks and promoted to Lieutenant Colonel. His unit was given the job of building the airstrip on Lord Howe Island, and later his group arrived in Darwin to rebuild the city after Cyclone Tracy. Between 1976 and 1979 Philip was a Staff Officer with Third Division in Melbourne and looked after Army Reserve training in Victoria.

In 1979 he retired from the Army to pursue a life of farming in Euroa, buying the property "Berridale" and running merino sheep. Philip joined Rotary and became president, was a member of Neighbourhood Watch and became secretary of the local fire brigade and the Farmers and Graziers Association. He made time for many camping, ski and sailing trips with family and friends.

He also dabbled in other farming

exploits including raising ostriches and Wagyu cattle, and he developed a love of Kelpie sheep dogs.

In 2000, Philip and Judy moved to Mount Macedon where Philip kept himself busy with a beautiful garden, helping his son Simon at a farm in Newham, and he became president of the Gisborne Rotary Club and was a member of the RSL in Woodend. He regularly attended the Anzac Day March in Woodend, proudly accompanied by his grandchildren.

During this time Philip and Judy went on numerous overseas trips. In 2019 they shared their 60th wedding anniversary with family and friends.

In April 2020, Philip passed away after a long and brave battle with illness. He was a loving grandfather to eight grandchildren and one great-granddaughter.

A private funeral was held at the Blairgowrie Yacht Squadron where he had been a member for over 50 years. His service to the country in Korea and Vietnam was recognised during a moving RSL service.

Philip is survived by his wife Judy, children Amanda, Martin and Simon, eight grandchildren and one great-grandchild.

More than cricket to this Legend

Gary Sanders was introduced to cricket at an early age and first put on the pads as a nine-year-old for Casterton Juniors. By the age of 13 he was playing alongside his father, a soldier-settler, in the senior team, and in the 1968 grand final, at the age of 16, Gary carried his bat with a score of 177 not out to lead Casterton to the flag.

His talent caught the attention of Fitzroy Cricket Club, and having completed Year 11 at Casterton High, he was on his way to the big smoke. Gary was not too sad to leave the farm life behind as Victoria was experiencing a severe drought that year and his job had been to drive the family's sheep flock out along the roadsides to graze day after day in the heat.

Within four years he had worked his way up to the senior team. His first game was against South Melbourne whose players included the West Indian champion Clive Lloyd and John and Mal MacWhirter whom he was to meet again several years later in Gisborne. Like many of the Fitzroy cricketers he played baseball as a winter sport until the association changed the season to make it a summer sport. So, in that summer of 1975 Gary was playing both sports over Saturday and Sunday every weekend. It was too exhausting and from then on he stuck with cricket.

During this time Gary caught up with a former school friend, Margot Templeton, who was studying at Larnook Teachers' College in Melbourne to become a home economics teacher. They became sweethearts and married at Coleraine in 1976. They bought a home in Frankston and Gary soon found the travel from there to Fitzroy very demanding but he managed to secure the position of captain-coach with Dandenong which was then playing in the Sub-district Association.

Within a few years Gary and Margot

To celebrate its centenary the Gisborne District Cricket Association recently established a Hall of Fame into which 36 present and former players and officials were inducted.



Of those, four men were declared Legends of the Association. One of the four was **Gary Sanders**, a stalwart of Gisborne Cricket Club. Bryan Power tells his story.



Gary with his wife Margot and children Warren (left), Karen and Scott last year.

decided that they'd had enough of city living and came to Gisborne when they learned of a business opportunity. After discussing Gisborne's potential with John MacWhirter, who then had his clothing shop in Aitken Street, they decided to buy the sports and toy shop in Hamilton Street which was located where the office of RT Edgar is now.

Gary joined the Gisborne Cricket Club that year and so was a member of the 1979-80 premiership team. He and Margot bought a house in Woodend and Gary played the next four seasons with the Woodend Club.

Following the 1983 Ash Wednesday fires the opportunity came for them to realise a dream of having their three children, Warren, Karen and Scott, grow up in a farm environment, as they

themselves had, and the following year the family moved to a 60-acre property at Bullengarook.

And Gary returned to playing cricket with Gisborne.

In that 1984-85 season Gisborne won the premiership but after the retirement of several top players, Gary was part of the team who developed the talents of young players coming through the ranks. He also set up inter-primary school matches which led to the creation of the GDCA Under 12 and 14 competitions. His efforts caught the eye of the Association and he was made junior co-ordinator with the task of involving all of the clubs.

This was a very big project but Gary speaks warmly of the great support he received from players and many parents. The junior organisation

now has regular interleague matches. In the 90s he set up a competition for Under 13 girls in Gisborne and, although it waned, girls' cricket is now strongly back on the map at club and Association level.

Meanwhile, Gary and Margot's business was flourishing and they sold the toys side of it and moved the sports to a newly built bigger premises in Brantome Street that is now the location of Raine & Horne. In 1992 they sold the business and Margot went back to teaching, joining the staff at Gisborne Secondary College.

Gary was then moving up in the ranks of cricket administration and for the next 10 years he worked for Cricket Victoria in a number of roles. With his engaging personality, Gary was — and is — a great ambassador for the game.

The youngsters of the 1980s produced a great team in the early 1990s that saw Gisborne play in four consecutive grand finals, winning two of them. Gary was part of the team that coached this group.

Gary also has an outstanding record of playing in representative teams for the Association. Over 14 seasons he played in 84 matches in interleague and Country Week competitions, and he still holds the record of most runs scored by a GDCA rep. He captained the Victorian Country representative team at three national championships.

He has had the opportunity to play in a number of overseas countries: New Zealand, England, Thailand, Germany and Vanuatu as well as coaching in Japan. Following the Vanuatu visit he arranged to bring a talented 15-year-old, Andrew Mansale, to Australia. He lived with the family at Bullengarook for several months and played a lot of cricket here. Some years later Andrew became captain of the Vanuatu national team.

After retiring from playing the game Gary took on umpiring. After 10 years

continued next page ►



Left: The sports store in Hamilton Street (where RT Edgar is now situated).



Right: Big new store in Brantome Street, 1986 (now occupied by Raine & Horne).

Mother's Day in Iso

This Mother's Day more than ever, New Gisborne Cub Scouts were at work in their kitchens producing special things for mum. Here's Cara Courtney making Mother's Day pancakes using cooking skills learned as she works towards her Cooking Badge.

Parents have reported that Cub Scouts are really playing their part in the family's cooking tasks during enforced isolation.

Scouting news ► page 28

A tribute to mothers

Many mums were unable to be with their children for Mother's Day this year, but family members made them feel special in other ways.

Malcolm Colquhoun of Macedon sent this contribution below to the *Gazette* to celebrate mums in his family.



◀ "Here are three super mums, my wife Popsy Colquhoun and our two daughters – Lucia and Alice. Needless to say Popsy is mum to three and Alice and Lucy combined have five children. They are all very special people and I love them all!"

A mum's motorbike passion passed on to daughter ► page 32

There's more than cricket to this Legend

◀ from previous page

he is still involved and he enjoys mentoring the newer umpires.

Over the five years before his retirement Gary worked at Gisborne Secondary College in a number of roles and fondly remembers helping the students who experienced difficulties.

In 2012 Gary and Margot headed off to fulfil a dream of caravanning around Australia. While travelling they heard through VISE (Volunteers for Isolated Students' Education) of a family living on a cattle station near Carnarvon Gorge in Queensland who desperately needed someone to teach their son for three weeks. They took up the challenge and enjoyed it so much that they have volunteered each winter since to assist isolated children during their travels north.

That is the sort of generous people that Gary and Margot Sanders are — true legends.



Gary Sanders has had a cricket bat in his hand since the age of nine. Pictured here in his Gisborne sports store in the 1980s.

A different kind of Mother's Day

As difficult as Mother's Day might have been with COVID restrictions still in place, it was still a happy day for most people. But not everyone is able to enjoy having parents around, and for Anglican vicar Dennis Webster the day was especially painful.

On Thursday, April 30, I took a phone call that no child ever wants to receive. My mother, Marion, had died in the Mersey Community Hospital near Devonport with complications arising out of COVID-19.

Admitted for a routine procedure to the North West Regional Hospital, my mother was to become one of the grim statistics of the cluster outbreak in Burnie.

Sitting alone, mainly, in seclusion in the Vicarage at Macedon, I contemplated my first Mother's Day without my mother. Everyone has been so kind, and being the Vicar, and working with many people through their vulnerable time of grief, the reality was just as tricky. It is always different when it is family.

I was not able to return to Tasmania for the funeral. This hurt immensely, not only me but my father and brothers. A single chair was left vacant in the Chapel as I tuned in through the virtual transmission.

What was different was that I was there, albeit through the internet. I took my mother's funeral remotely from Macedon. I looked at the monitor in the Church as we said our farewell. I've taken many funerals with live broadcasting, but this was a first where it was the officiant who was elsewhere.

Even though the previous six weeks of my mother's life was difficult and fought alone in the isolation that COVID-19 brought, my last conversation with her is etched in my memory. Two days before she passed, all of the family was able to say our goodbye to Mum by phone, even though the virus had rendered her unable to talk back. She heard every word, and I have no doubt, treasured them as she drifted into her next journey.

Deciding the 10 who could be at the funeral was always going to be a bunfight of sorts. My mum is one of 14, and I am one of 56 grandchildren on her side alone!

I think Dad did well.

In my remarks to my family gathered in Burnie and right across the world, I told them, and to be honest told myself, to take heart. Even though the past six weeks have been tough, we were here to celebrate 86 years of a life of love lived well. And so we did.

I looked again at the funeral service on Mother's Day. I looked to the lounge full of beautiful flowers, many of them appropriate for the day. Losing a parent is never easy. Burying one even harder. It is the goodness we received that makes this very much a time of being thankful.

My father spent Mother's Day alone in the family home of 57 years wrestling with the sadness. There were times of joy when the present family cat, Jerry, would lick his bald patch, leaving Dad crying with laughter.

Many in the community are facing their own issues with the restrictions and will have journeys that are not the same but will somewhat rhyme.

Later in the year, we hope to gather in Tasmania as one family on Mum's birthday. We will stare back across the bays of the beautiful town of Penguin, and as we did at the beginning of the funeral, listen to The Seekers' *Morningtown Ride*. Mum loved that view. She would look out of the window across the bays and watch the trains coming. And then she would look to her final place of rest, Bass Strait, and smile.

"Make sure it is an outgoing tide", she would insist.

And it will be so.

Dennis Webster



Emigration to the Colony of Victoria

From the archives of the Historical Society. Researched by Robin Godfrey

Walter J. Smith, one of the descendants of the former Smith Nurseries of Riddells Creek, in the early 1930s, regularly contributed articles to the Gisborne Gazette under the heading 'Riddells Creek in the Days of Old' and with the by-line 'W.J.S.' One such article as follows:-

Riddells Creek in the days of Old (by W.J.S.) – *The Gazette*, Friday December 19th, 1930

"In the mid-1840s, the system of assisted emigration from the old countries of England, Ireland and Scotland, was established, and when news of the finding of gold in 1851 reached these old lands, there was a great influx to the colonies. This finding of gold was not welcomed by many of the large landholders at that time. The object of the squatters was to occupy and engross the country for themselves exclusively, to partition it out in immense sheep walks and cattle runs, and virtually to prevent the influx and settlement of an agricultural population. Their object, in other words, was to keep the people down when they were down, and to give them no chance of rising for the future.

"The discovery of minute pieces of gold in quartz on the station of Donald Cameron, of Clunes, was concealed at the time from the short-sighted fear that an announcement would prove injurious to Cameron's run.

"However, the migrants came in numbers in the early 1850s, and many settled in Gisborne and Riddells Creek districts. Probably few descendants of these migrants, who are now part of the establishment of Gisborne and Riddells Creek, are aware of what Conditions and Regulations their forefathers and mothers had to comply with to reach these new lands.

"Following are the Emigration Regulations applicable to prospective settlers who were seeking Assisted Emigration from England, Ireland and Scotland to the Colony of Victoria:-

"Government Emigration Office, Park St., Westminster, London, January, 1852. Regulations for the selection of emigrants, and conditions on which passages are granted.

Qualifications of Emigrants

"The emigrants must be of those callings which, from time to time, are most in demand in the Colony. They must be sober, industrious, and of general good



Railway Pier, Melbourne, circa 1873

(State Library of Victoria)



MELBOURNE IN 1855

moral character; — of all of which decisive certificates will be required. They must also be in good health, free from all bodily and mental defects; and the adults must, in all respects be capable in labour, and going out to work for wages. The Candidates most acceptable are young Married Couples without Children.

"The separation of husbands and wives, and of parents from children under 18 will in no case be allowed.

"Single women cannot be taken without their parents, unless they go under the immediate care of some near relative. Single women with illegitimate children can in no case be taken.

"Single men cannot be taken except in a number not exceeding that of the Single women on the same ship.

"Widowers and Widows with young children; — persons who intend to buy land, or to invest capital, in trade; — or who are in the habitual receipt of parish relief; — or who have not been vaccinated, or had the smallpox; — or whose families comprise more than 4 children under 12 years of age, cannot be accepted.

Application and Approval

"Applications must be made to the Commissioners in the Form annexed. The filling up of the Form, however, confers no claim to a passage; and implies no pledge that the Candidates, though apparently within the Regulations, will be accepted.

If approved of, the Applicants will

receive a printed "Approval Circular," calling for the Contribution required by Article 8, and pointing out how the money is to be paid. After it is paid, they will, as soon as practicable, receive an Embarkation Order (which is not transferable), naming the Ship in which they are to embark, and the time and place of joining her. They must not leave their homes before the receipt of this Order.

Payments towards Passages

"The Contributions above-mentioned, out of which the Commissioners will provide Bedding and Mess Utensils, etc., for the Voyage, will be as follows:-

Classes

"Married Agricultural Labourers, Shepherds, Herdsmen, Miners, and their Wives; also Female Domestic and Farm Servants — per head: Under 45, £1; 45 and under 50, £5; 50 and under 60, £11.

"Single Men, between 18 and 36 years, of any of the above callings and whether part of a family or not, each £2.

"Country Mechanics, such as Blacksmiths, Bricklayers, Carpenters, Masons, Sawyers, Wheelwrights, and Gardeners, and their Wives, also females of the Working Class, not being Domestic or Farm Servants — (when they can be taken) per Head: Under 45, £5; 45 and under 50, £8; 50 and under 60, £15.

"Children under 14 — per head, 10s.

"Passenger from Dublin and Cork, to Plymouth, and from Granton Pier, and Hull, and London, are provided by the Commissioners for Emigrants.

"All other travelling expenses must be borne by the Emigrants themselves.

Cautions to Applicants

"No preparations must on any account be made by the Applicants, either by withdrawing from employment or otherwise, until they receive the 'Approval Circular.' Applicants who fail to attend to this warning will do so at their own risk, and will have no claim whatever on the Commissioners.

"The selecting Agents of the Board have no authority to promise passages in any case, nor to receive money. If, therefore, Applicants wish to make their payments through the Agents, instead of in the manner pointed out in the 'Approval Circular,' they must understand that they do so at their own risk, and the Commissioners will in no way be responsible.

"Should any Signatures attached to an Applicant's paper prove to be not genuine, or should any false representations be made in the papers, not only will the application be rejected, but the offenders will be liable, under the Passengers' Act 12 and 13 Vic. cap. 38, to a PENALTY NOT EXCEEDING £50.

"Should any applicants be found on personal examination at the Depot, or on Board, to have made any mis-statement in their papers, or to have any infectious disorder, or otherwise not to be in a fit state of health to embark, or to have any mental or bodily defect likely to impair their usefulness as labourers, or to have left any of their young Children behind, or to have brought with them more Children than are mentioned in their Application Form, or expressly sanctioned by the Commissioners, or to have attempted any deception whatever, or evasion of these Rules, they will be refused admission on board the Ship, or if embarked, will be landed, without having any claim on the Commissioners. If after embarkation Emigrants are guilty of insubordination, or misconduct, they will be re-landed, and forfeit their contributions.

"If Applicants fail to attend at the appointed time and place for embarkation, without having previously given to the Commissioners timely notice and a satisfactory reason, — or are rejected for any of the reasons specified in the preceding article, they will forfeit their contributions, and will have no claim to a passage at any future time.

Outfit, Etc.

"The Commissioners supply provisions, Medical Attendance, and Cooking Utensils at their depot and on board the Ship.

Emigration to Victoria

Also new Mattresses, Bolsters, Blankets, and Counterpanes, Canvas Bags to contain Linen, etc., Knives and Forks, Spoons, Metal Plates, and Drinking Mugs, which articles will be given after arrival in the Colony to the Emigrants who have behaved well on the voyage.

"The Emigrants must bring their own Clothing, which will be inspected at the Port by an Officer of the Commissioners; and they will not be allowed to embark unless they have a sufficient stock for the voyage, not less, for each Person, than –

For Males	For Females
Six Shirts	Six Shifts
Six pairs Stockings	Two Flannel Petticoats
Two ditto Shoes	Six pairs Stockings
Two complete suits of exterior clothing	Two ditto Shoes Two Gowns

"With sheets, Towels, and Soap. But the larger the stock of Clothing the better for health and comfort during the voyage, which usually lasts about four months, and as the Emigrants have always to pass through very hot and very cold weather, they should be prepared for both; 2 or 3 Serge Shirts for Men, and Flannel for Women and Children, are strongly recommended.

"The Emigrants should take out with them the necessary tools of their Trades that are not bulky. But the whole quantity of baggage for each Adult must not measure more than 20 cubic or solid feet, nor exceed a half a ton in weight. It must be closely packed in one or more boxes; but no box must exceed in size 10 cubic feet. Large packages and extra baggage, if it can be taken at all, must be paid for. Mattresses and feather beds will in no case be taken.

"On arrival in the Colony, the Emigrants will be at perfect liberty to engage themselves to anyone willing to employ them, and to make their own bargain for wages.

"All applications should be addressed, Post-paid, to S. Walcott, Esquire, No. 9, Park Street, Westminster.

By Order of the Board,
Stephen Walcott, Secretary."

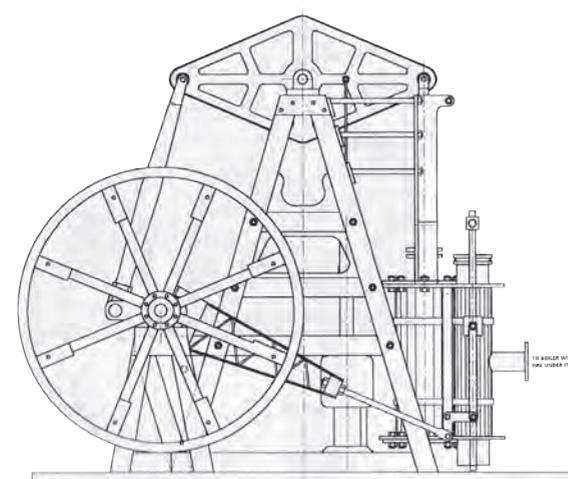


What James Watt really did

Last month we talked about Thomas Newcomen who used steam to power a pump to draw water out of flooded mine shafts. The mines used the Newcomen steam engines for 50 years, putting up with its inadequacies, and then along came James Watt's brilliant, enquiring mind.

Although James Watt is sometimes called the inventor of the steam engine, he in fact just made the steam engine much more useful.

When he was 19, James moved to London to learn how to make mathematical instruments, such as compasses and scales. Two years later he opened an instrument workshop at the University of Glasgow.



James Watt's engine AME drawing

Watt was born on January 19, 1736, in Greenock, Scotland. His father ran a business building ships and houses. James spent a lot of time in his father's workshops experimenting with making models and learning about ships' instruments.

In 1764 James was asked to repair a Newcomen steam engine and he noticed that it wasted a great deal of energy by repeatedly cooling and reheating the steam chamber. So he developed a way to improve the machine.

He designed a separate condensing chamber for the steam engine that meant the machine used a lot less coal to heat the steam chamber. James patented his improved machine.

In 1774 James Watt moved to Birmingham and formed a partnership with Matthew Boulton who owned an engineering

works there. Together he and Watt began to manufacture steam engines.

Watt continued to invent improvements to the steam engine. He developed a new engine that rotated a shaft, instead of the simple up-and-down motion of the Newcomen pump. The rotating motion was crucial, because it enabled engines to drive wheels.

These improvements allowed the steam engine to replace the water wheel and horses as the main sources of power for British industry. It was the beginning of factories.

Demands for his engine came quickly from paper mills, flour mills, cotton mills, iron mills, distilleries, canals, and waterworks. From then on, the steam engine helped to power the Industrial Revolution hence the name "Father of the Industrial Revolution" that is often given to James Watt.

Watt became very wealthy from his inventions. He died on August 25, 1819, near Birmingham.

Next month George Stephenson and the steam locomotive.

Stay safe.

Arthur Boyd
President GVMS, 0419 897 721
(Gisborne Miniature and Model Railways)
Webb Crescent, New Gisborne

Historical Society News

The Gisborne & Mount Macedon Districts Historical Society has reproduced *Pictorial Gisborne* in a soft cover version thanks to sponsorship by The GREAT Association.

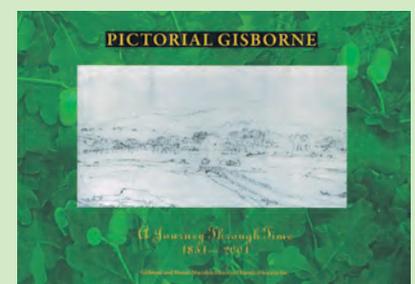
The book is a glimpse of the history of the Gisborne district through a collection of contemporary photographs taken by members and supporters of the society. The pictures illustrate the early development of the area and how

it appeared in 2001.

The book is currently available at the cost of \$25 from Officebarn/Office Choice and the newsagency in Gisborne, the Trading Post Mount Macedon, and Macedon Newsagent. Once the current restrictions are lifted, the book will also be available at the GREAT Centre, Hamilton Street, and the Court House on Wednesdays between 10am and 4pm.

It can be ordered online by emailing history@gisbornemountmacedon.org.

au. An extra \$10 will be charged for postal delivery.



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Fibres of craft keeping us connected in life

The Macedon Ranges Spinners and Fibre Group plans for 2020 had included an exhibition, a fundraising afternoon tea and participation in statewide activities. All of these have been postponed.

Instead of our weekly Wednesday meeting at Bullengarook Recreation Reserve Hall, we have been keeping connected with a weekly email newsletter.

Members have been sharing their craft activities and keeping each other inspired, creative and engaged. Wool has been washed, carded, dyed and spun.

Yarn has been knitted, crocheted and stitched.

Fabric has been found and sewn. Looms have been warped and woven. Stashes of fibre have been used. Some items produced have been posted to family or friends, or donated for those struggling at this time in remote areas.

It is amazing how sharing techniques, patterns, news, and humour can keep a group of like-minded people connected and purposeful.

Keep crafting and sharing!

Heather Parry, 0400 805 921



Sue's 'Ollie blankey'



Lynne's blanket



Life Members and life in lockdown

Two Gisborne Singers members have recently received much-deserved choir Life Memberships. Recipients Margaret Brockman and D'Arcy Wood have made an enormous contribution to the choir.

During lockdown choir members have been participating in many musical activities, including singing lessons via Zoom, teaching online flute and playing piano (including the challenging *Gershwin at the Keyboard* which was recorded and posted on the member's Facebook page).

Choristers are listening to online music and singing to past Gisborne Singers performances (especially the uplifting Bach's *Magnificat*), "attending" virtual concerts, and learning guitar finger picking in readiness for busking at Gisborne Market when it re-opens. Challenging virtual choir participation includes the MSO's Anzac eve performance of *Waltzing Matilda* and Eric Whitacre's choir.

Members are waiting patiently for resumption of greatly missed choir practice.

Vale Barry Nunn

It was with great sadness that the choir learnt of the recent death of Barry Nunn. From D'Arcy Wood: "Let us be thankful that Barry enjoyed the choir so much and that we enjoyed the great warmth of his friendship. His wonderful spirit is still with us."

Handel's *Messiah* performances for November and December are still being planned. Stay tuned with our website and Facebook page for updates. Enquiries: www.gisbornesingers.org.au

'Iso' brings new loos to Mountview

Well, here we are another month on already and dare I say...now seeing a glimmer of light at the end of the tunnel?

It would be fantastic to announce when our doors will reopen but we must continue to be patient and keep our fingers crossed!

Stay tuned!

There has, however, been some exciting action taking place behind our closed doors! We are happy to announce that our 30-year-old bathrooms are being completely upgraded by Macedon Ranges Shire



Council. This down time has in fact provided a fantastic window of opportunity for them and we can't wait to show off our smart, new, contemporary bathrooms to patrons.

A huge thanks to the shire for these upgrades for which we are very grateful.

Looking forward to seeing everyone back at the Mountview Theatre before too long.

Karen Hunt

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THE UNIVERSITY OF THE THIRD AGE

The Macedon Ranges U3A, like so many other groups, is in recess. Our members are in constant contact with each other and this prolonged recess has highlighted the communal links that we have built over time.

When we reopen, please consider joining us on Monday mornings at 10.30am in the Senior Citizen's hall in Gisborne. Bring your lunch too. While we aim to challenge ourselves mentally, there will now be a deeper understanding of a connectedness which we have shared with both established members and with newcomers.

A further advantage to belonging is that we have access to the many U3As across the state, so the opportunity to explore subjects that you always thought you might like, or to offer to teach the skills and knowledge you have acquired are available. We hope to see you soon.

Keith Hallett, President

What does U3A do?

The Macedon Ranges U3A engages with many ideas and it certainly keeps the mind active, alert and engaged. Some of our meetings have been focused on ancient Greece and Rome. Janet Wood has led many sessions, and we are probably the best educated U3A in the classics.

Her presentations are invariably engaging, but just as important, relevant to modern experiences. Sessions on Julius Caesar are planned for our return, and as with all her presentations, they will highlight the nature of humanity. No doubt we will see that the machinations of politics are unchanged over millennia.

Bill Hall has taken us back to our evolutionary roots and taken us into the future with the issues of our species altering environments. Keith began a series on the foundations of our value systems until the pandemic stopped everything.

We look forward to D'Arcy Wood exploring the development of music from Bach and beyond. Come and join us, and if you are able to share your insights, you could join our presenters. But participation is welcomed in all forms, from presentation to discussion to just thinking.

Meet Probus member George Peart



With Probus activities impossible at the moment, a Probus personality will be featured each month in our Gazette report. First up, George Peart.

George was born in Windsor, but grew up in different parts of country Victoria as his family moved with their bank manager father. After studying at Melbourne University, George undertook a career as a secondary school teacher and taught in many schools from country Victoria to metropolitan Melbourne and London.

George and his wife Ann settled in Gisborne in 1976. They built their first home in Gardiner Street and raised two children there. During these years, George taught at University and Glenroy High Schools. He finished his career with 15 years at St Albans Secondary College as a senior teacher.

Since retirement, George and Ann have enjoyed numerous overseas trips, particularly to Canada, the UK and the western islands off Scotland. Canberra is also a frequent

destination, with family settled there now.

George has been an active participant in many organisations over the years — from president of clubs, to school councillor to deliverer of the Gazette. His passions have included bushwalking and snow skiing, with much time spent at Falls Creek, where he is a member of the Banool Ski Club.

With encouragement from friends, George and Ann joined Probus in 2014. He has enjoyed meeting people with different backgrounds and interests.

This has led to a greater appreciation of the community and broadened his association with the town. He has also enjoyed participating in trips, outings and hearing from the diverse array of guest speakers at meetings.

George became vice-president of the club and he has just finished a year as President. He has enjoyed contributing in this way and feels that this greater involvement has enhanced his experience of Probus.



There's plenty of genealogy to do at home

Some COVID-19 restrictions have been lifted but it is still unclear when we will be able to reopen our rooms, to hold meetings and help people with their family history research.



Winter is always a good time to do research and even though libraries and repositories are closed there is plenty you can do from home such as sorting out your files and adding new information to your database. I'm finally finding some time to do that!

Perhaps, like me, you are pleased to see a new season of *Who Do You Think You Are?* screening on SBS at present, and you can always catch up with previous episodes and past series on SBS On Demand. I've also enjoyed the program *My Grandparents' War* which is also available at SBS On Demand.

If you are wanting to buy resources for yourself, check out the website for Gould Genealogy. They have a great range of books, CDs and e-books at affordable prices.

E-books can be especially helpful as they are usually old books that are out of print. They are easily searchable and quite inexpensive.

It might be time to delve into local histories, to check what's online, or to visit cemeteries to find details on graves.

If you have elderly relatives why not contact them to check if they are well, but also ask them about their memories of growing up and any family stories they can recall — you may be amazed at how much you learn about your family.

Have you written down your own story? Sometimes, as family historians, we are so busy digging for details about our ancestors that we forget to write our own story — you may not think that your life is very interesting, but it might be to future generations! Stay well,



Lyn Lyn Hall

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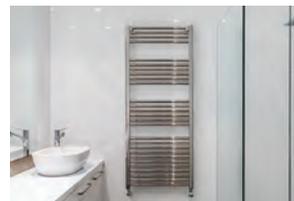
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Putting Guide laws to use at home



The members of Gisborne Lightning Guides are learning to connect with each other through Girl Guide Victoria virtual links and also locally through Zoom which can be done safely and easily from home.

The challenge for girls this month was to put their Guide laws to good use while at home. This means cooperating with family members, taking care of yourself and the family, being organised and using your time wisely.

Home schooling is a new challenge the members have taken on. Hopefully we will be able to meet in person next term if things settle down.

Girl Guides is a volunteer-led organisation developed alongside Scouts. This month I would like to introduce you to our current leadership team. What is very exciting is that these girls have all been youth members of Gisborne Lightning Guides and enjoyed it so much decided to become adult leaders which can be undertaken when you turn 18.

Lauren is a qualified nurse who is undertaking midwifery studies at present and travels up from Melbourne each week. She enjoys planning craft and cooking with the girls.

Dale has just begun her tertiary studies and enjoys engaging in the activities with the girls and going on camps. She also follows football, supporting the Kangas.

Erin completed year 12 and is now undertak-



Leaders Dale and Lauren welcome new members Katherine, Alice, Tayla and Victoria.

ing tertiary studies also. Her interest is in community engagement and self-esteem activities. This month Erin dyed her hair pink to raise funds for breast cancer research. I lead the unit and have been involved in Guiding for over 30 years in various roles. In that time, I have met and worked with a fantastic group of leaders and undertaken many personal development challenges.



Deb Fleming

If you would like to try Girl Guides when it resumes, give me a call on 0409 542 619 or visit the Girl Guide Victoria website for information.

Deb Fleming, Unit Leader

'Iso' camping

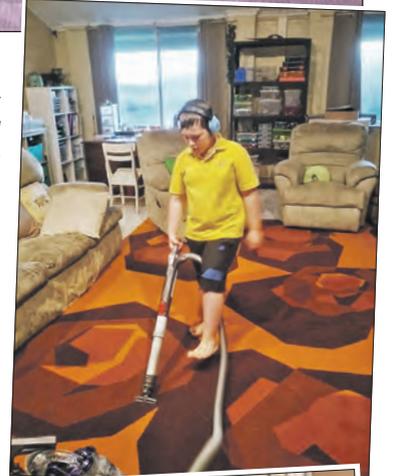
Report from a 1st New Gisborne Cub Scout parent:

"When we couldn't go camping Noah built his own cave under the dining room table. And has spent the lock-down working on his cooking and musician badges and is still camping out in his base!"



Noah's new base.

New Gisborne Cub Scouts help out at home: Right: Jack gets used to housework; below: Aila learns cooking skills, and bottom: Xavier, new gardener.



News from 1st New Gisborne Scouts

At New Gisborne we continue to remind our children that their Law and Promise matter more than ever with COVID-19. And working with parents, we continue to offer the children interesting, learning and challenging online activities.

At the same time, we are preparing for a return to outdoor Scouting with plans for Father's Day and our annual Mt Baw Baw Snow Camp in September.

Our thoughts and prayers continue with

those on the front line – health professionals and essential workers, for example, those keeping supermarkets open and providing other vital community services.

Our newest Venturer, Edward, has just "gone up" and is working with 1st Woodend Venturers. New leaders Kitty and Alice are looking forward to their Investitures now that we can have a small outdoor gathering.

As we move slowly towards building our own Scout Hut, our first soil tests are

helping us plan the foundations and building dimensions.

Joeys, Cubs, Scouts and Venturers are meeting online for Term 2. Venturers meet on Friday evenings, other sections on Wednesdays. Contact Group Leader Skipper (0450 922 787 or johnfrearson@mac.com) if your children would like to join. And we'd love to hear from you if you're interested in helping fund our new Scout Hut.

John Frearson



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A dog's life under COVID-19



By local vet
Dr Caitlin
Horwood-Skelton

It's a dog's life. Think about it. You're not at work, you can't go out for dinner, there are no strangers coming to your home, and the recommended exercise regime is to go for a walk around your local area.

Life under COVID-19 restrictions may be hard for you, but for your dog, it's paradise! Dogs thrive on interactions with their social group, and for now that contact is being provided almost exclusively by you. Even if you can't go out with friends, your dog can still benefit from a romp around the park with you, ball games or chasing toys, and sniffer-games where you may hide treats or have the dogs follow your scent to keep their mind (and nose) stimulated.

They can interact with other dogs if they are safe to be off leash, while you still maintain human social distancing. This is even more important for puppies who risk growing up without the crucial social inter-actions which define their early experiences. Get them out and about to experience some of the world outside your home: the sights, smells and sounds of the park, birdlife, traffic and street activity in their greater environment, even if they cannot directly interact with the pets and people in it right now.

Continue their behaviour training, even if it is alone or online. Learning to "sit", to settle or "stay" independently, not to jump up on people, and to come to your call is as important as ever for your pup.

Now is also time to prepare for how the future environment will feel for your dog, after COVID-19. Their perfect social construct disappears, as the kids go back to school, and the adults start to return to work or go out socially again. What was a pet's paradise becomes "home alone".

Reduce the temptation to spend every moment at home with your dog.

Ensure they can settle independently now, maybe with a toy or a treat in the backyard, and make sure they spend some time without you, even though we love to have them around.

Doing this now will help reduce anxiety and destructive boredom behaviours when life goes to "normal", whenever and whatever that may be.

Pets in isolation

During this pandemic it's obvious that the pets are the ones who love this "human" isolation. Since being at home, I've had time to reflect on the experience of pet ownership, in particular my cats.

We currently own three cats, named Xanthey, Roxy and Tiggy. They are all rescue cats.



Xanthey: demanding.

Xanthey is four years old and she came from Purrs of Point Cook, a no-kill rescue shelter. Xanthey was found dumped out the back of a medical clinic with her brothers, sisters and mum.

A kind foster lady looked after them until a forever family could be found. Luckily that was us!

Xanthey has a very demanding personality and tries to get what she wants when she wants. She is most attached to me because I let her sleep on my bed. She loves to explore and go on adventures, although we do not know what happens past the back fence. Xanthey is a multi-coloured tabby cat. We are very responsible pet owners and she is kept inside after 6pm.

Our "prettiest" cat, Roxy was rescued from Pets Haven in Woodend and she is a pure-bred Ragdoll. We had never owned a Ragdoll before and her personality and traits are ones we were not familiar with.



Roxy: chillaxing.

She manages to tolerate my sister who frequently picks her up and cuddles her — almost every five minutes. Roxy never seems to tire of this attention.

Ragdolls are known to be chilled out and relaxed cats which is exactly what she is. Roxy does not have the average cat traits, as she can hardly jump and finds climbing trees an impossible task. These traits suit us quite well as she is easy to manage, and an indoor cat. Roxy is not very sociable and is quite independent. We are not sure what her history is but she is



YOUNG BEAT
with Asher Kroon

slowly becoming more trusting. She is five years old and we've had her for three years.

The most amazing cat adoption story is our Tiggy. Tiggy has many names such as Piggles, Piggie Pie and Wiggy. We are not sure where these names came from, but she answers to all of them. The amazing thing about Tiggy is that she has just celebrated her 18th birthday! That is a huge milestone for a cat.

She is enjoying her twilight years by spending the days sleeping in front of the heater or in the window catching the sunlight. She has lost her hearing so all of her worries and issues have disappeared; she's not even scared of the vacuum cleaner any more!

Tiggy has always been a timid cat and has spent most of her life away from the spotlight. The only person she truly loves and trusts is my mum.



Tiggy: tough start.

Her backstory is quite interesting. Tiggy and her family survived the 2002 bushfires and were found by a park ranger shortly thereafter. We found that Tiggy was scared of loud noises, men with hats, and people waving sticks or poles. As a result, we pieced together that the poles would have been a net used to scoop up the cats, the men with hats would have been the park ranger and the loud noises would have been the fire raging.

Tiggy had a very sad start to her life, but when we adopted her from the Cat Protection Society her life dramatically changed forever. Tiggy was recently the cover story for the Cat Protection Society Facebook page where her life story was shared and she received many comments, shares and likes.

I am really enjoying being at home with my cats and I think they enjoy all the attention too! I can't imagine life without cats. They are wonderful companions.

Cat curfew July 1

Council is urging cat owners to prepare for the shire-wide cat curfew which comes into effect on July 1. From this date, all cats must be confined at home from sunset to sunrise and will also be prohibited from the shire's most sensitive environmental areas.

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YOUR LOCAL INDEPENDENT AUDIOLOGIST CLINIC

New recruits ready to roll

A cohort of new volunteer recruits are now fully operational and looking forward to assisting the community.

Deriving from all walks of life, with an abundance of both life and work experiences preceding their arrival, they will be an asset to Gisborne SES Unit and we welcome their commitment to volunteering as an emergency responder in our Macedon Ranges communities.

They were extremely fortunate to finalise their initial training just before the pandemic hit the nation.

Gisborne SES volunteers are still lurking in the shadows to help our communities during these unprecedented times, and rest assured we will be with you when you need our assistance.

As we journey through these uncharted and challenging times, we are forced to reassess and



New recruits ready to throw themselves into community assistance.

adjust to a different way of life. We can help each other to build resilience and seamlessly adapt to the 'new way' of home, work, school and recreational life.

Remember, your volunteers are here for you 24/7.

*Di Dale, Deputy Controller Service Delivery
Gisborne SES
0407 277 894*

Gisborne CWA



As with all other groups in the district, Gisborne CWA has been hibernating, but it won't be long until things will be on the move again.

Seven of us enjoyed a Zoom get-together recently, with a few stops and starts. For those of us like myself this new world chat can be a bit intimidating and my grandchildren had a bit of a giggle when I told them I had a Zoom meeting.

We have had emails from head office that our Secretary Kay has forwarded on to everyone with an email address to keep us up to date and phone

calls to most others.

A few of our members — Kathy, Edie, Val and Judy B — are on downtime from their voluntary jobs at Opportunity on Hamilton and St Paul's op shops and Judy C, Barbara and Kay are missing the children at Swinburne Kinder where they helped with the library reading.

Birthday wishes to Helen H, Carole and Judy C for the month of June. We will have to have a belated 21st birthday cake for our branch when we return to our formal meetings. *Christine Edwards, 0437 953 253*



Christine Edwards



Jenny Strang

I wish to thank all the volunteers who help weed and restore some of our local parks and nature reserves.

They are helping to preserve our remnants of native flora and fauna for the next generation, before they are lost forever. If you have a moment with not much to do, think of spending some time weeding, as it can be so much more than a chore.

Jenny Strang



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Join Lions and help the community

The COVID-19 restrictions have given us all the opportunity to reconsider our priorities and determine how we contribute to our community.



A way of contributing is by joining a local group who provide voluntary services. The Gisborne and District Lions Club is such a group.

In the current financial year, the Lions Club has contributed to a range of causes including local schools to assist students from families in need (\$5,500); newly established Gisborne Foodbank (\$5,700); disaster relief relating to the recent fires (\$10,100); "Safe Steps" program (\$1,000); child attending the Licola Lions Camp; and collecting used spectacles which are ultimately distributed through humanitarian groups around the world.

The club also has plans well underway to construct a new roof over a barbecue in a Gisborne park.

The Lions Club organises the Gisborne Festival in December each year and is determined to deliver another successful event this year, hopefully at the end of this current health and economic crisis which is confronting us all.

If you are interested in joining the Lions Club to



Some of the local projects Lions has supported.

help raise the funds needed to contribute to these important causes contact Russell Walker, president, via phone on 0419 318 615 or email membership@gisbornedistrict.lions.gisnet.net.au.



The Rotary donation is presented digitally.

Rotary supports dementia carers

Like so many other organisations, Woodend Lifestyle Carers Group was considerably affected by going into coronavirus lockdown, when we were unable to participate in a number of planned fundraising events, including sausage sizzles and market stalls, so it was a wonderful surprise to receive a call from the President of Kyneton Rotary Club, Geoff Phillips, telling us of a donation of \$5100 which would be put into our respite project bank account.



This fantastic donation was made jointly with Gisborne Rotary Club and was the result of a golf day the two clubs enjoyed the weekend before lockdown came into effect. What wonderful timing!

The joint clubs had decided to make WLCG the recipients after hearing last year about our plans to build a dementia-specific facility on land donated to us in Woodend. As part of a five-stage project, the initial build is planned for day care, allowing carers to have a few hours respite knowing their loved one is being cared for in a safe and homey environment. Later stages are intended for short-term stays of up to three weeks, and education and training. Our sincere thanks to Geoff and the Gisborne Rotary President, Richard Stewart, for their incredibly generous support.

Thank you to MND beanie supporters



Thanks very much to everyone who has bought a beanie in town to support the GFNC community activation for the FightMND charity.

We had great plans for this year which included a fun-day, giant ice-slide, children's activities and more, in what we hoped would be an inaugural event that would become a marquee day at Gardiner Reserve for the community each June long weekend. Unfortunately, the pandemic ended these plans, so we

look to 2021 for the full spectacular. FightMND have told us there will be an official Big Freeze Slide made for Gisborne when we launch.

Our focus this year is firmly on selling the iconic MND beanie through local retail sponsors. Last year we sold 2000 beanies and this year we hope to double that. When the *Gazette* went to print, we were on track to reach our goal which is sensational.

If you have any questions or feedback on the program, please contact me on mobile 0427 800 111.

Dale Pemberton



Golden Bulldog Tate Kemp bought the first beanie for the Gisborne Football Netball community MND fundraiser.

Phil Wilkinson is often greeted with "Oh, you're the Bike Man"!

It all began 15 years ago, fund-raising for the CFA. In line with the CFA values of Contribution and Service to the Community, Phil collected old bikes, restored them and sold them at our local CFA flea market. To further the goal of restoring bikes to a clean and safe level, get more people riding and raise funds, Wilkinson's Wheels was born.

Over the years, Wilkinson's Wheels has provided many locals with their first bike. They often returned for their second, or even third bike! Awesome recycling, great for the community and the CFA. "There's a lot of satisfaction to come from watching a young kid on their first bike," says Phil. At one stage, he and his mates had 500 bikes to be worked on.

As the venture grew, it had to leave the backyard and find new digs. That's when Scotty and Kate



With Belinda Carlton-Doney

MACEDON MUSINGS

from Macedon Nursery and Garden Supplies came to the rescue. A few years ago, they generously supplied an area for Wilkinson's Wheels at the nursery, complete with large shed facilities. Wilkinson's

Wheels has been there ever since.

Phil now has a new vision, to redevelop the area. His goal is for the facilities to be multi-purposed to be a community hub that provides social, mental and environmental benefits for the community. His theory is as follows: "More people on bikes builds a healthier community. More social interaction results in improved mental health."

Already hundreds of locals and various services have helped in getting the shed up and running. More help is needed though.

Phil invites volunteers with organisational skills based in bus-iness planning, marketing, identifying need or even funding to "come on down!" You will



Phil and his daughter Laura where it all began.

be very welcome in facilitating this next step. As the Bike Shed continues its valuable work in the community, physical help is always appreciated as well.

Think you might be able to help this worthy cause? Phil would love to hear from you.

Facebook: Wilkinson's Wheels

Email: philwilk101@gmail.com

Stay safe everyone.

Madam President and her motorcycling family

In February 2020, the Macedon Ranges Ulysses Branch welcomed its first ever woman President, Sylvia Behan. Sylvia's husband of 46 years, Mark, has been Branch Secretary since 2016 and together they make a formidable team.

But Sylvia's start in motorcycling happened much earlier. Under the watchful eye of her parents, including mum Rosa, Sylvia cut her teeth on dirt bikes, riding as a typical tomboy with her brothers. Gameness obviously runs in the family as evidenced by Rosa riding on two wheels in the mid-1970s.

Sylvia returned to bikes over 40 years later after raising two children and completing a long teaching career. In fact, in a pre-retirement Year 12 English class she received a "Rebel in Retirement" certificate on the purchase of her first Harley!

Not wanting Mark to have all the fun, Sylvia joined the Ulysses Club and became active in the local Macedon Ranges Branch. When questioned, Sylvia was quick to identify inclusiveness as what she really liked about the branch. "Everyone and all bikes are welcomed."

Always on the go, Sylvia



Sylvia, President of Macedon Ranges Ulysses Branch, and her Harley Street Rod 750. (Photo: Mark Behan)



▲ Sylvia's mum Rosa about the mid-1970s: from a Behan family album.

epitomises the typical female Ulyssian, a go-getter up for all challenges. Among lots of things done together such as teaching, raising children and sharing grandchildren, the Behans also both ride Harley Davidsons. Sylvia has a black Street Rod 750 and Mark a red Sportster.

With some social restrictions starting to ease, it looks like we might be able to get together for coffee and a chat quite soon. But until then, check us out on social media, and stay safe and well.

Our previous regular get togethers, club activities, future plans and newsletters can be seen at www.mrub.org.au or our Facebook page.

How about putting a ride with Sylvia, Mark and the rest of us in your diary sometime?

Cherry Cole



MEMBER'S MESSAGE

With Mary-Anne Thomas

When I speak to people across our community, many tell me about the close calls they've had at the Melbourne Road and Kilmore Road intersection in Gisborne.

It's not only Gisborne locals who use this intersection every day, but residents from surrounding communities in Riddells Creek and Romsey frequently use Kilmore Road to enter town.

The poor visibility when entering and exiting from Kilmore Road, especially in bad weather, means this busy intersection is dangerous for drivers, cyclists and pedestrians.

After consulting with the community online, as well as holding a drop-in session back in September last year, it has been determined that a roundabout is the best solution for the intersection.

The roundabout will increase safety and visibility while improving traffic flow, and will also deliver better street lighting and shared user paths.

The roundabout will feature an existing mature oak tree in the centre, with landscaping plans currently being explored to ensure the new intersection serves as a fitting town entrance for Gisborne.

Regional Roads Victoria is now focusing on finalising the designs, with works to relocate services expected to begin in summer.

You may have also noticed there are roadworks happening around the intersection of Station Road and Saunders Road in New Gisborne.

I'm happy to report that the relocation of services is well under way, with work to install traffic signals, a dedicated right turn lane and left turn slip lanes will commence late this year.

You can view details for both projects at regionalroads.vic.gov.au — or follow my Facebook page for important project updates.

Take care,

Mary-Anne

Jubilee Hall safety benefits from Community Bank grant

Jubilee Hall Macedon, set among the trees overlooking Mount Macedon, was built after the original hall was destroyed in the Ash Wednesday fires in 1983. It is well cared for by the Macedon Ranges Shire Council and Committee of Management consisting of a group of local volunteers.

It has become increasingly popular as a venue for larger local functions such as weddings, engagements and club socials as well as funerals. During the week it is used for a range of classes and meetings. With all these hall users, the number of people coming through the doors is considerable and as a result the committee has increasingly focused on public safety.

With safety in mind the committee applied to the Bendigo Bank for the purchase of an Automated External Defibrillator and were delighted to receive the required funding from the bank's Community Investment Program. This will be a reassuring presence at the hall.



Bendigo Bank manager Sarah Barton with Harry Hill, Wendy Boyle and Joan Donovan of the Jubilee Hall Committee.



FOR THE GREEN THUMBS

A not so hidden gem in middle of town

When talking to a neighbour last year about my volunteering at the Gisborne Botanic Gardens, he remarked that the Gardens were something of a 'hidden gem'. While I was not too convinced about their gem-like qualities, I wholeheartedly agreed they were 'hidden'.

Well not so much now. In late April the Friends of Gisborne Botanic Gardens were pleased to note that Council had completed the erection of new signs at the three entrances to the Gardens. We hope this will encourage more locals to pass through, rather than by, the Gardens.

The newest signs at the east and west entrances (see picture) acknowledge the Wurundjeri people as the traditional owners of the land on which the Gardens are sited. The Gardens were established in 1991 and the Friends group was formed in 1994 to raise awareness of the gardens, provide financial support for their development and interface with partners and collaborators including Council.

The Friends membership is not large (we had 14 annual and five lifetime members in 2019-20) but members have a common and genuine interest in the improvement of the Gardens for the benefit of the community. The Executive Committee is currently calling for new and renewing members and seeking Committee nominations ahead of our Annual



New entrance sign for Gisborne Botanic Gardens.

General Meeting (to be scheduled in the next few months). If you are interested in joining in any capacity in 2020-21, please drop us a note at the email address below.

Louise Minty, Friends of Gisborne Botanic Gardens
infogisbotgard@gmail.com



A vivid splash of Christmas cactus.

Garden Club proposes an indoor project



As the weather is turning cooler and some of us have experienced our first frost, you might like to consider playing around indoors with some zygocactus (*Schlumbergera truncata*), also known as the Christmas cactus. They are dead easy to propagate and the flowers come in many vibrant colours. I myself have several in the shade house and have had prolific flowering last summer.

These plants are epiphytes (plants which depend on others for support, but not nutrition) from the jungles of southeast Brazil, a humid area with high rainfall. They need excellent drainage and do not grow well in garden soil. For best results use a free-draining potting mix such as an orchid mix. Water your plants when they are dry, in active growth and in flower. When not in flower they don't require much water. Fertilise in spring with a complete slow-release fertiliser.

Propagation is by cuttings. Break off a leaf and let it dry out for a few days or until it develops aerial roots. They can then be planted in your well-drained potting mix in a hanging basket or pot in the shade. You could also try Epiphyllum (orchid cactus) for even more spectacular blooms, and there are some terrific specimens among our garden club members.

Ask around...

For information on the Garden Club, contact Bernhard Sucher on 0424 038 474 or email sucher01@tpg.com.au

Bernhard Sucher

A brief history of Daly Reserve

Bordered by Gisborne's Howey, Prince, Daly and Aitken Streets, U L Daly Nature Reserve has a rich history.



Wurundjeri Woi-wurrung artefacts have been found and recorded at the Reserve and this has led to it being listed as an area of Aboriginal significance.

In the late 1890s Doctor U A W Daly established his home and surgery on the site. His garden was planted with roses, daffodils and fruit trees, some of which still thrive. He and his wife were respected community members, leading many events at the Mechanics Institute, such as the early purchase of books for a library, public meetings, dances, horticultural shows and charity fund raising.

The doctor died in 1933 and Ulick Lord Daly, his only son, inherited and lived in the property. After serving on the Gisborne Council for 27 years and as President for three terms, his commitment to the community was recognised by the award of MBE.

Mr U L Daly was also a conservationist and realised the unique nature of his property, home to native flora and fauna so close to town. After his death in 1976 Gisborne Shire Council acquired the land 'for passive recreation', in accordance with his wishes, and it is named in his memory.

The conservation of this environmentally sensitive area is reflected in its zoning. It contains many birds and native animals which can be seen along the tracks, but if they feel threatened by activity, they may leave. Relaxed walking and observing of flora



and fauna is encouraged.

Since 2013 monthly working bees have nurtured this conservation area. The Reserve needs every respect now, in order to preserve the flora and fauna that have existed here long before our current generation.

All enquiries: dalynaturereserve@gmail.com

Irene Perkin



AROUND THE GROUNDS

Proudly sponsored by Rob Mitchell
Federal Member for McEwen 1300 701 966



South Gisborne Tennis Club members Olivia and Macy safely receive the grant certificate from Gisborne Bendigo Bank manager Sarah Barton.

Communities come together with one goal



The South Gisborne Tennis Club committee and its members were given some fabulous news recently: the Gisborne & District Community Bank Branch awarded the club \$10,000 to assist with the resurfacing of two of our six courts.

The work is to start this month.

We see this \$10,000 as a huge vote of confidence in our community club and our commitment to provide safe, risk-free courts and to continue offering activities and programs for all who use the courts.

The club acknowledges the partnership with Gisborne & District Community Bank Branch and encourages members to support the Gisborne branch of Bendigo Bank. We thank the bank for this wonderful contribution.

Coaching with the Spark team is in full swing and participants from our All Abilities sessions are super excited to be back on court hitting a few balls and being with their friends. As the club gradually reopens we look forward to seeing all courts and facilities being used to the maximum. Stay healthy and follow the guidelines. *Gail Scott*



Bowlers Roland James and Vlod Cyrulo practise good hand hygiene.

Bowlers celebrate getting back on the green



Thanks to the easing of COVID-19 restrictions, Gisborne bowlers have returned to the green from Saturday 16 May after a long absence, albeit under strict conditions.

Our members are very excited to be able to get out and bowl again, and took advantage of the three days of wonderful sunny weather on the weekend of the reopening.

The club is strictly adhering to guidelines from Bowls Victoria and, ultimately, the Victorian Government and the Victorian Chief Health Officer.

Conditions of play include only 10 bowlers allowed on the premises at one time, social distancing, and hand hygiene. Hand sanitiser is readily available around the green, as is spray sanitiser for the mats and jacks. Players are also required to register their attendance to allow for contact tracing in the unlikely event of an infection.

Unfortunately, under the current restrictions only Club members are permitted to play, and the indoor facilities and bars remain closed. Hopefully restrictions will be eased further in the near future allowing for a full return to all activities and functions.

Thanks go to club Chairman Rob Paterson and Deputy Chairman Russell Walker OAM, for their work to facilitate the reopening. *Helena Cyrulo*

Who was 'The Rabbit'?

Let's talk Turnbull. No not Malcolm! Wendy. You know...Wendy Turnbull the famous Australian tennis star.



Fun facts are Wendy was born in Brisbane in 1952, she is right-handed and at 164cm (5'4") she proved you don't have to be a giant to be successful. She was nicknamed the Rabbit due to her incredible speed around the court.

Wendy had an incredible tennis career in which she made the final of every Grand Slam except Wimbledon. She achieved a top 10 ranking for eight consecutive years from 1977 to 1984. Her highest single ranking was number 3 in 1985.



She was a singles runner-up at the 1977 US Open, the 1979 French Open, and the 1980 Australian Open. She won four women's doubles titles and five mixed doubles titles at Grand Slam events.

In 1984 the Queenslander was awarded an OBE for services to tennis. She was inducted into the Australian Tennis Hall of Fame in 2009. Wendy may not have been No 1 but she was world top 20 for over a decade which makes for a pretty fine career.

Happy hitting,

Lisa Fowler

Active Living results are in

The results of the Council's 2019 Active Living Census have been finalised. 3,691 Macedon Ranges residents took part in the survey (total population just over 49,000).



The key findings were:

- Only 14 per cent of adults meet guidelines for vegetable consumption
- 51 per cent of adults meet guidelines for fruit consumption.
- About six per cent of all households went without food at some point in the previous year.
- Walking is the most popular way to exercise (21%), followed by swimming (9%), bushwalking (7%), indoor fitness/gym (7%) and active play (6%).



- ↳ LOG BOOK SERVICING
- ↳ NEW TYRES
- ↳ WHEEL ALIGNMENT/ELECTRONIC WHEEL BALANCING
- ↳ PUNCTURE REPAIRS
- ↳ CENTURY BATTERIES
- ↳ FLEET VEHICLES
- ↳ SUSPENSIONS, SHOCKS AND BRAKE REPLACEMENT

GISBORNE TYRES
7 Hamilton Street, Gisborne 3437
OPEN MON-FRI 8am-5pm SATURDAY 8am-12 noon
Ph: 03 5420 7654





Men at Work at Mt Macedon preparing for the course reopening.

Mt Macedon Golf Club: we're back

The collective cries of 'Hallelujah' across the Macedon Ranges were in response to the reopening of our golf courses. (And quite probably from parents and children as well now that students are returning to school).

With this positive news have come quite strict requirements to ensure the safety of not only golfers but the community.

Consequently all members and green fee players are requested to record their name, mobile number and playing date and time whenever they attend a golf course.

As our clubhouse will be



closed, Mt Macedon Golf Club will have a register available for this purpose along with reminder signs.

A small inconvenience but this will ensure contact tracing can be achieved.

Unfortunately with the clubhouse closed, the payment option for a round of golf is CASH ONLY.

Our new membership year starts on July 1 and at only \$450 for a 12-month full membership, we believe we offer an excellent and affordable facility that is open for play seven days a week. There are a number of membership op-

tions including couples, students, weekdays only, families, juniors and concession.

We appreciate that the past months have put significant strain on the financial circumstances of families and individuals, so payment options are available.

Please make contact for more details.

For inquiries and bookings and to keep informed you can contact us at mtmacedongolfclub.com.au, call 5426 1650 or visit our Facebook page.

Walrus

Out of the rough: Gisborne golfers back onto fairways

On May 11 Victorian golfers had their cries heard when Premier Daniel Andrews confirmed golf could resume amid the COVID-19 pandemic. The local golfing community returned to the Gisborne Golf Club on Wednesday May 13 for a much-anticipated Stableford competition.



However, golf during COVID-19 has its limitations. Back in March golf's global rules authority outside the US — the R&A (for non-golfers, the name derives from the Royal and Ancient Golf Club of St Andrews, but is a separate organisation) — announced modifications to the ancient Rules of Golf to be able to continue the sport. Such changes included submitting scores individually, leaving rakes out of bunkers, retiring ball washers and not sharing motorised carts.

The committee and staff at Gisborne Golf Club have been quick to apply these practises to provide a quality golfing experience while keeping the community safe.

When golf resumed, the closed clubhouse did not deter members from reuniting with their golfing buddies. There were few spots available on the revised timesheets with Saturday proving to be the favourite.

The return to golf has been long awaited by newly appointed President Alistair Boustead and his committee.

The swift return is a credit to head greenkeeper Ricky Mether and his team for keeping the course in great shape over the break.

For any golf enquires please contact the Pro Shop on 5428 2698 as walk-ups can not be accepted at this time. Take care and we'll see you on the course.

Jacqui Flynn



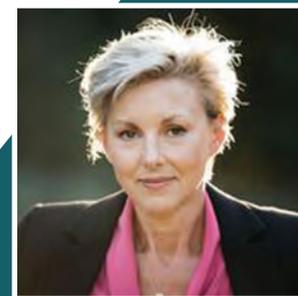
Gisborne Golf Club: Brian and Helen McMahon back on the green.



Mount Macedon Realty

Introducing a new name in Macedon Ranges Real Estate backed by the experience, tradition and local knowledge of Lindsay Hill Real Estate.

Mount Macedon Realty continues business as usual in the most unusual and challenging times. The real estate market will see continued activity during and post COVID 19. Lindsay and I are here to offer our community compassionate support and experienced advice in this unprecedented time. Contact Mount Macedon Realty for guidance with preparing your property for sale, property appraisals and of course listing and selling.



Lisa Fowler
lisa@mtmr.com.au
 0418 557 222



SPORT IN PICTURES

with Chris Fleming



Harper Stonehouse, Harrison Dryden and Luke Buttigieg are happy to be back at Gisborne Tennis Club on May 17.

With local sport competitions still in recess, we celebrate friendly sport this month. Restrictions on recreational outdoor sport were loosened on May 13 allowing up to 10 people at a time to exercise together (including an instructor) while maintaining social distancing. Athletes of all types eagerly hit local grounds again and delighted in the pure joy of sport.



Gisborne Bowling Club, May 16



Runners from Toe the Line Athletics at Gardiner Reserve on May 16.



▲Stuart Stevenson, Mark Conroy, Jarrod Byham and Matt Dean are glad to be back at Gisborne Golf Course on May 16.

►Mt Macedon Golf Club members enjoy the simple pleasure of taking time out on the course.



Gisborne AFL Masters enjoy being able to train as a small group on May 16. These pictures also perfectly capture Gisborne's historic courthouse, lock-up and stables in the background.



Across

2. Burke and Wills passed through here in the 1860s. Mt Ida offers spectacular views of this town.
 6. This coastal town is situated at the mouth of the Glenelg River.
 8. Emu Bottom Homestead is a historic building near this town.
 13. Campbells, de Bortoli and Anderson wineries can be found in this Murray Valley Highway town.
 14. The Number 96 tram in Melbourne terminates here.
 15. Nine bakeries around Victoria and Albury NSW carry the name of this town

Down

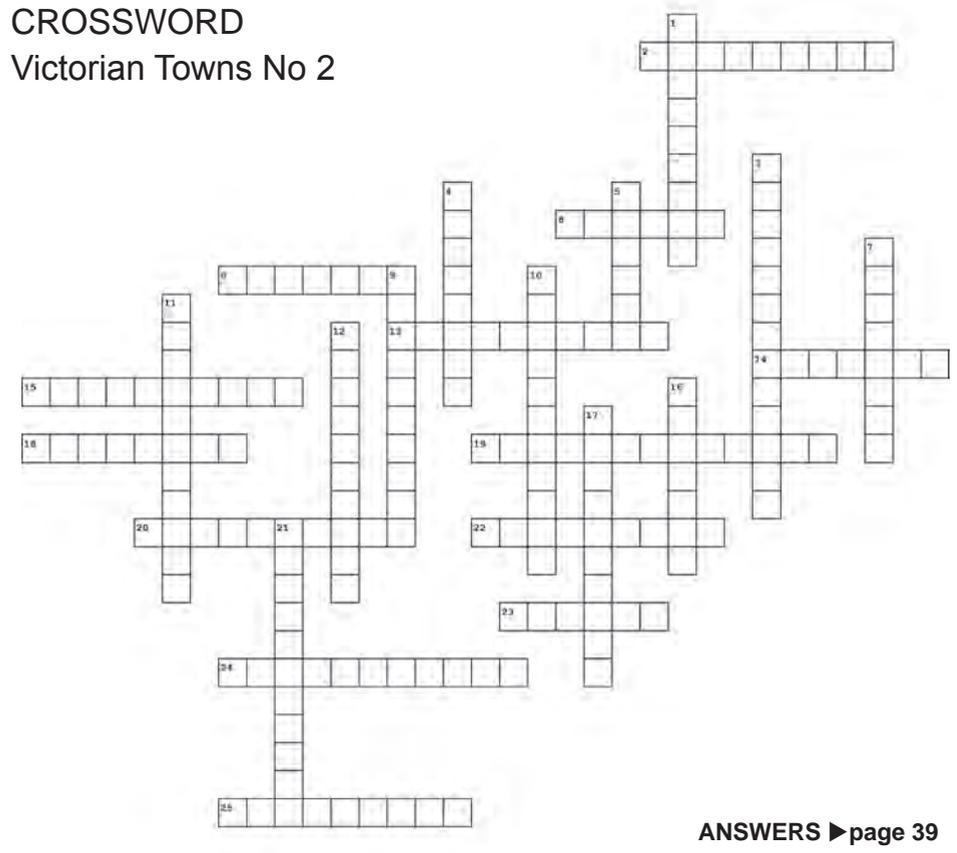
1. Victoria's tallest waterfall is located near this town.
 3. Geese are a popular attraction to motorists driving in this town.
 4. This town claims the title of 'Wool capital of the world'.
 5. A female name with postcode 3334.
 7. The first permanent settlement in Victoria by Edward Henty in 1834.

18. The car and passenger ferry travels from Queenscliff to this town on the Mornington Peninsula.
 19. Almost midway between Mildura and Portland on the banks of Yarriambiak Creek. Two highways meet here.
 20. The most easterly town in Victoria.
 22. This Calder Highway town north west of Bendigo is the birthplace of Sir Reginald Ansett.
 23. Tower Hill is south of this town.
 24. "They're racing at!" 54km from Ouyen.
 25. "Big Lizzie" is a tourist attraction in this northern Victorian town.

9. This town is across the river from Mulwala.
 10. Mark Twain once described this town as 'a railway station with a town attached'
 11. The primary filming of the television series "SeaChange" was held here.
 12. On the Bellarine Peninsula, this coastal town and beach resort is 19km from Geelong.
 16. Shops in Piper Street are popular with tourists here.

CROSSWORD

Victorian Towns No 2



ANSWERS ► page 39

17. The Convent Gallery is a feature here.
 21. GJ Coles opened the first store here in 1914.

Croquet club shares story of its beginnings

The inaugural meeting of the Macedon Ranges Croquet Club was held in August 1992 at the home of Gladys Dobson in Macedon. Mrs Dobson was elected as the first President. At that time members played on a synthetic court at Mrs Dobson's home. Original members who are still active members 27 years later include Joy Benzie, Trish Chinn, Shirley Cross, Penny Krstev, Desma Morgan, and Bev Rowley.

With the assistance of the then Gisborne Shire Council and local MP Tom Reynolds who was also Minister for Sport and Recreation, land at Dixon Field was provided for two croquet lawns. The club organised extensive fundraising activities and raised \$10,000 as its 25% share of the Council's expenditure for the development of the two lawns in 1993.

The club was officially opened in February 1995 by Tom Reynolds who ran the first hoop in 1996. \$8000 was raised to build a very basic shelter which had no internal lining, kitchen, power or water. A building fund established for the current club house attracted a grant of \$5000 from the Council and in March 1997 the building was complete. The following year, Gladys Dobson was



1995: Club member Ariel Saltmarsh sings the national anthem at the official opening of the croquet club by Tom Reynolds MP.

presented with a Special Life Membership Badge for long association with croquet and her many hours of work in promoting the sport over the years. A "Dobson House" sign hangs inside the club house to this day.

Faye Armstrong

Ramblers recommend anti-boredom ramble

After multiple walks around the block, you may have found monotony setting in. Perhaps you would like to try one of the walks the Gisborne Ramblers have in their program. This is a walk without major hills, on a wide dirt road with little traffic. The walk returns along the same path so getting lost is not an issue.

Govans Lane and Riverside Road Walk, New Gisborne
 Directions – from New Gisborne drive along Hamilton Rd towards Riddells Creek. Govans Lane is on the left.

Drive along Govans Lane and park near where the road crosses the Riddells Creek (approx 1.6km).

Walk from the creek along Govans Lane which will transition into Riverside Road. Eventually the road ends in a turnaround, then the route is retraced to the start. The total distance is 4.6km.

This is a very pleasant walk, with great views over farmland and countryside.

Charles (gisramblers@gmail.com)

BRAINBUSTERS

- Which three explorers crossed the Blue Mountains from east to west in 1813?
- Stockholm is the capital city of which country?
- André Marie Ampère, the French physicist and mathematician, gave his name to a unit of what?
- The location of the Trent Bridge cricket ground can be found in which city in England?
- Who played Indiana Jones in three films in the 20th century?
- What date and year did the attacks on the Twin Towers in New York take place?
- How many red balls are there on the table at the start of a snooker game?
- Which British Queen died in 1901?
- What is the chemical symbol for iron?
- How old is a quinquagenarian?

ANSWERS ► page 39



Anglican Parish of Gisborne

At last we have found the way back into community, albeit slowly and cautiously. During this time, it has been difficult to find people worshipping together. Most of the worship has been online or held privately.



For a while it was almost as if the whole town had become a desert. But the Church was still there, still loving, still serving, even if the doors have been closed. I was reminded in my reflection of the many times the Hebrew people were placed in exile or dispersed and had to find ways to connect back to their spiritual home. Most of the Old Testament is about the ancient struggles in tough times.

Jesus pointed out to the woman at the well the time will come when we will not be confined to a single place but would worship in spirit.

Over the past few months, 'virtual' worship in the Parish was conducted with pre-recorded Sunday services, Skype and Zoom.

Albeit somewhat imperfect, it allowed the reality of praying virtually to become the spiritual here and now. We are looking forward to opening the doors of all our Churches soon but ensuring community safety is a most loving thing we can all do.

Fr Dennis

Heavenly view



Peter Barker captured the serenity of South Gisborne and the view across to Red Rock on a morning walk on McGeorge Road on May 7.

Gisborne Uniting Church: No hugs or handshakes but very much caring for each other

Given the shuttering of churches, many people and organisations have taken a leap into the technology of the 21st century. Ministers and members of the Uniting Church have found themselves 'starring' in videos and live streaming or, as viewers, discovering the secrets of computer functions. While we all look forward to physical gathering, it has been possible to maintain warm and supportive contact throughout the weeks of shut-down.

However, there is a wider dimension to the concerns of any congregation: that is, the needs of those far removed from the security of familiar supports. There is an increasing number of people in this community and across our nation for whom these last weeks have brought dire consequences.



Our church council and ministerial team will be reviewing the activities of our congregation to make sure that our priorities are with those in need. This is already in play with the gifts of funds and goods to UnitingCare but we know that more, much more, will be needed.

The *Gazette* is one way in which we are able to be alert to emerging local needs while reports from front line church workers keep us up to date on challenging situations in Australia and beyond.

We will indeed be heeding the call that 'we are all in this together'.

Janet Wood
5428 6700

Learning through adversity

"The ugly part of your story you're living through right now is going to be one of the most powerful parts of your testimony."



PART 2

Well... Big changes since we last wrote. The Premier has announced that we are now allowed to have more friends and family visits!

Yay! Life is now beginning on the slow and steady journey back to normalcy. Time to ask ourselves some questions...

What have we learnt during this pandemic? Are there any positives to take out of this? What is something we have enjoyed seeing in this time?

For some people, you learnt to slow down and rest.

For some people, you loved the quality time with your loved ones in your household.

For some people, you learnt to be content with a simpler life.

For some people, you have no answers to these questions. This time may have been so difficult in epic proportions, you just can't see any positives. That's ok too, but we pray that changes.

One day you'll have such wisdom learnt from this challenge, you'll be able to help someone else going through a tough time.

I really do believe that good will come of this somewhere.

Let's find the good.
http://faithworksc.com.au or find us on Facebook

Shelley Farrugia

Sacred Heart College Kyneton

Learn. Care. Flourish.



Join a Virtual Conversation with our Principal, Students & Staff

Interested in learning more about life at Sacred Heart College and the learning pathways on offer? Our Principal, Dr Darren Egberts, invites prospective parents and students to participate in one of our Virtual Conversations via Zoom.

When: 10 June commencing at 9:30am
24 June commencing at 9:30am & 6:00pm

How: Register using the online booking form on the Tours page of the College website. A Zoom link will be sent by email.

Enrolments close for Year 7 2022 (current Grade 5 students) in Term 3.

Visit our website for bookings or contact our Registrar for enrolment enquiries:

T: 5421 1200 E: registrar@shckyneton.catholic.edu.au

W: www.shckyneton.catholic.edu.au

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**100
YEARS AGO**

JUNE 1920

Old Gisborne resident presents the Prince with fishing rod:

We received the following interesting letter from Mr. [Jack] Ryan, the champion angler, and formerly a resident of Gisborne.

"Dear Sir – For a number of years I have been experimenting with our native timbers with a view to obtaining one suitable for the manufacture of fishing rods, and to take place of the imported American Greenheart. I am very pleased to tell you that we have in Victoria a timber that, according to tests, is superior to the imported article. The botanical name is "Eucalyptus Bailyana" and Mr. H. C. Dixon informs me that he has a belt of this valuable timber on his property in Bullengarook.

It is sometimes confused with "E. Muellieriana", both being stringy bark trees. The latter only grows in East Gippsland, while the "E. Bailyana" grows in belts on the high elevations of the northern districts.

It has a deep furrowed stringy bark, and the bark next [to] the sap wood is of a very yellowish color. The wood that the "E. Bailyana" [has] is brown in color, and that of the "E. Muellieriana" a pale yellow. After repeated tests with the two timbers, both called yellow string bark, I found the "E. Bailyana" gave higher results in a cross breaking test. However, I am still experimenting and may alter my opinion.

On Saturday last, in company with Mr [Martin] Hannah, MLA, I had the pleasure of presenting His Royal Highness the Prince of Wales with a salmon rod made from "Eucalyptus Bailyana". He was delighted with the gift, and promised to let me know later on, when he has tested it, how our timber compares with the world's best fishing rods."

LOCAL CRUMBS

Another picture show visited the town last week. The prices were first class, the picture invisible. Our P.M. was the only one to get any satisfaction – he let go some hot air at the proprietors.

The Shire Council are going to endeavor to have the Bendigo Express stop at Macedon again. The State Vice-regal Lodge at Macedon has been suggested as an ideal place for the Prince to enjoy a quiet rest.

A breakage in electric wire at New Gisborne was responsible for the electric light being cut off on Sunday evening and portion of Monday night. It caused much inconvenience to the churches, cobwebs had to be shaken off lamps that had been cast aside, and in one case candles had to be used, to enable the services to be held.

**WHAT'S ON
REGULAR MEETINGS**

New members always welcome

PLEASE CHECK WITH YOUR GROUP WHETHER MEETINGS ARE ABLE TO RESTART IN JUNE

- ADULT RIDING CLUB (Gis)** 2nd Saturday Robertson Res
- ADULT RIDING CLUB (Bullengarook)** 2nd Saturday Rec Reserve
- ANGLING CLUB** 2nd Wed 8pm Railway Hotel Macedon
- BOTANIC GARDENS working bee** every Thurs 9.30am-10.30am
- BRIDGE CLUB** Mon 12.30, Tues 7.15, Thurs 12.30 St Mary's Church
Hall, Woodend 5420 7595
- BUSHWALKING CLUB** Various locations Tel 5428 3490 or 5427 0888
- CANASTA CLUB** 1.30pm every Mon except first Mon of month
Parish centre (behind St Pauls Church, Gisborne)
- CANCER SUPPORT GROUP** last Wed of month MRH
- CAR CLUB** 1st Wednesday 8pm Steam Park, New Gisb
- CARERS GROUP (Mac Ranges)** 2nd & 4th Thurs, 1pm Woodend RSL
5420 7132 (Note: 4th Thurs carers only)
- COMMUNITY GARDEN** Wed 9am Church of Christ
- CROQUET CLUB** Wed & Sat 10am Dixon Field
- CWA GISBORNE** 2nd Monday 10am Gis Secondary College
- CWA MACEDON** 3rd Tues 1pm & 7pm 662 Mt Macedon Rd
- DAILY RESERVE WORKING BEE** 2nd Tues 9.30am Scout Hall, Daly Res
- FILM SOCIETY** 2nd Wed Woodend Neigh'hood House 5427 2323
- FLY FISHING CLUB** 4th Wed 7.30pm MR FEC Gisborne
- FOCUS CLUB** 2nd Fri 12 noon Gisborne Golf Club
- FRIENDS of JACKSONS CREEK Working bees** 3rd Sun 10-noon
- GARDEN CLUB** 2nd Wed various venues 0409 691 525
- GENEALOGY GROUP** 4th Thurs 7.30 Family Hist Rm, Library
- GIRL GUIDES** Thursdays 5pm Gis Comm Hall
- GISBORNE SINGERS** Tues 7.30pm Holy Cross PS
- HISTORICAL SOCIETY** open Wed 10am-4pm Court House
- JPs SIGNING STATION** Thursdays 1-3pm GREAT office Hamilton St
- LIBRARY: TODDLERS' STORY TIME** Mon 10.30am, Wed 10.30am
- LIONS CLUB** First Thursday of month 7.30pm 247 Station Rd
- MARTIAL ARTS** Thurs from 5.15pm St Brigid's Hall
- MASONIC LODGE** 2nd Thurs 7pm Masonic Hall Aitken St
- MASTERS AFL** Wed 6.30pm Sankey Reserve
- MEN'S SHED BARBECUE** Last Mon 12.30pm Lyell Street
- MT MAC & DIST HORT SOC** 1st Tues 8pm Horticultural Hall
- MUFFINS 'N MORE** 2nd Tues 10am-noon Uniting Church
- MUMS' GROUP** 2nd Mon, 9.30-11.30am 49 Fisher St
- OBEDIENCE DOG CLUB** Sun 9am Riddells Rec Res
- PARKINSON'S SUPPORT** 2nd Wed, 1pm Lancefield Bowling Club
- PETANQUE** 2nd & 4th Sat, 10am behind Caltex service
station, Station Rd, Gisborne
- PHOENIX ART & CRAFTS** 1st Thursday phoenixmrac.com
- PHOTOGRAPHIC SOC** 1st Tues & 2nd Mon 7pm Riddell's Creek
Neighbourhood House
- PONY CLUB Bullengarook** 1st Sunday Rec Reserve
- PONY CLUB Gisborne** 1st Sunday Robertson Reserve
- PROBUS** 1st Thurs 10am Masonic Hall
- QUILTERS (Gisb)** Wed 7pm Room attached to Gisb Library
- RAMBLERS** Fridays 9.15am Tennis Club Dixon Field
- ROTARY (Gisborne)** Tuesfortnightly, 6.45for7pm WineO'Clock, 50AitkenSt
(book 5428 4483 by 1pm Mon)
(Macedon Ranges) 1st & 3rd Monday Baringo Food & Wine
- RUNNING GROUP** Tues & Thurs 6pm, Sun 8am Gis Aquatic Centre
- RSL** 1st Mon 2pm Hall at 247 Station Rd 5428 2233
- SENIOR CITS (Macedon)** Tues 11am Tony Clarke Res
- SPINNERS & FIBRE GROUP** Wed 12 noon Rec Reserve Bullengarook
- TABLE TENNIS** Wed 7.30pm Tony Clarke Res, Macedon
- THUNDER SWIMMING CLUB** 2nd Sat 5pm Gisborne Aquatic Centre
- TOY LIBRARY** Every Sat 10-11am; first & third Wed, 8.45-9.30am,
second & fourth Fri 9-10am 71 Robertson St
- U3A** Mondays 10.30am MR FEC
- ULYSSES GROUP** 3rd Tues 6pm Sunbury FC
- VINTAGE MACHINERY** Working bees 1st Sun of month, 8.30am at
Steam Park; Meetings last Friday 7pm at Steam Park
- WRITERS GROUP** Last Sat of month 2-5pm Woodend N'hood House
- WRITERS (Scribes & Scribblers)** 2nd Tues 10am-12 Riddell N'hood House
- YOUNG VOICES** Thursdays 4.15-5.45pm Norma Richardson Hall,
Buckland St, Woodend, 5426 4801 or sdggome@patash.com.au

WHERE IS IT ?

You'll find the horse trough pictured on page 9 opposite the Macedon Railway Hotel in Smith Street, Macedon.

ANSWERS TO BRAINBUSTERS QUIZ

1. Blaxland, Lawson and Wentworth
2. Sweden
3. Electrical Current (Amp)
4. Nottingham
5. Harrison Ford
6. September 11, 2001
7. 15
8. Queen Victoria
9. Fe
10. Between 50 and 59 years old.

CROSSWORD – VICTORIAN TOWNS No 2

Across

- 2 Heathcote
- 6 Nelson
- 8 Sunbury
- 13 Rutherglen
- 14 St Kilda
- 15 Beechworth
- 18 Sorrento
- 19 Warracknabeal
- 20 Mallacoota
- 22 Inglewood
- 23 Koroit
- 24 Manangatang
- 25 Red Cliffs

Down

- 1 Welshpool
- 3 Riddells Creek
- 4 Hamilton
- 5 Elaine
- 7 Portland
- 9 Yarrawonga
- 10 Maryborough
- 11 Barwon Heads
- 12 Ocean Grove
- 16 Kyneton
- 17 Daylesford
- 19 21 Collingwood

With thanks to Graeme Millar who provided the questions for the Brainbusters Quiz and crossword.

Be vigilant on computer scams

A reader sent in this account warning of a scam that nearly caught him last month.

"While we're all being asked to stay at home during the COVID-19 pandemic, home computers are coping a real workout! Whilst this activity is having major benefits by helping to keep us off the streets, it is not without its dangers. I know because I nearly got caught with a really cool scam that could have cost me a lot of money.

"As I was searching through some articles on Google up popped this screen from RiverSoft telling me that seven of my drivers were out of date and needed to be upgraded. Oops, I thought, I'd better check this out. So I followed the next three or four pages of this highly professional-looking ad telling me what they could do to substantially improve the performance of my computer by upgrading my drivers. All very convincing!

"When I got to the page where they asked for payment (all professionally presented and believable), I fortunately smelled a rat and decided to call local professional computer experts in the village for advice. 'Don't touch it with a barge pole' was the advice. 'It's a nasty virus, very difficult to get rid of.'

So I high-tailed it to into town and had them remove the dreaded virus, and it was somewhat difficult for the guys in the shop! So be careful and be aware not to action any product on your computer advertised by RiverSoft! *Dave Wesley*

The Australian Government's Scamwatch site (www.scamwatch.gov.au) is a good site to identify scams.

KINDNESS ART FROM GISBORNE PRIMARY SCHOOL



Gracie (Year 4) and Amaali (Year 6) made these messages for the community on May 22.

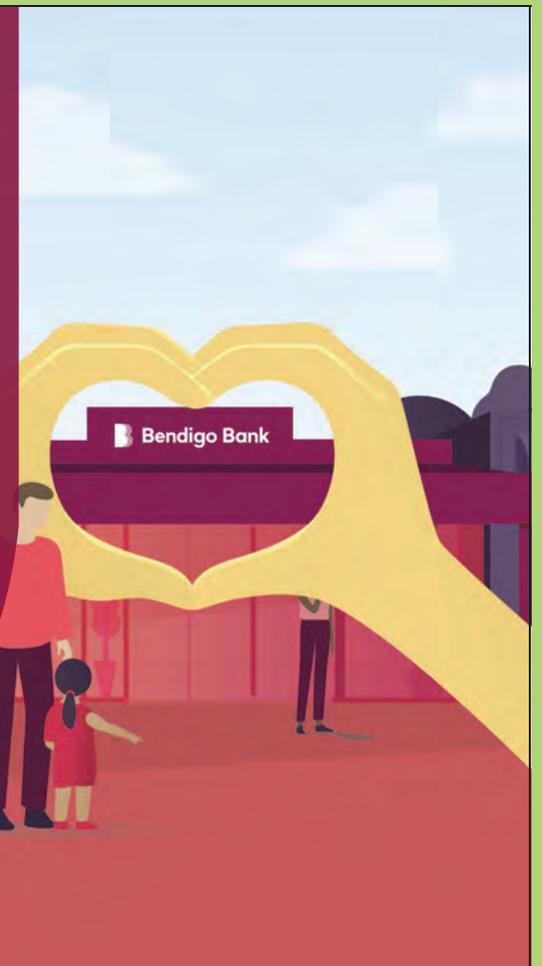
We're here for you

Bendigo Bank has committed itself to the care and wellbeing of Australian communities for over 160 years. Now, more than ever, we're here to help see you through COVID-19.

Talk to us about how we can help.

Call us on 5420 7210 or search Bendigo Bank Gisborne.

bendigobank.com.au



B Bendigo Bank

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